

# Coachella Valley Bridging the Gap Committee

Getting back into the “REAL WORLD” isn’t always easy for an alcoholic. Many of us had never been sober on the outside and we admitted that the first days out were a little frightening. Sometimes we didn’t know if we would, or COULD stay sober.

Upon release you may be thinking to yourself, “Where will I find a meeting I can be comfortable in? or “Who will I be able to trust?” It may be tempting to give in to the thoughts of “I won’t fit in” or “I’m too different.” Lots of alcoholics think like this. We did!

Many of us who have made the transition to a sober lifestyle in our communities still remember the first days on our own.

Bridging the Gap is here to help newly released clients get to AA meetings in this area or in the area in which you would be residing. You can get in touch with us through our voice mail box phone number or the address listed below. AA Bridging the Gap is an organization of alcoholics helping other alcoholics. We are part of Alcoholics Anonymous. We are not connected with any other group or institution. Our only purpose of this service is the satisfaction of helping another alcoholic. Being alcoholic ourselves, we know that the people you will meet in your first days out could make all the difference in your sobriety and the transition into the AA community. We hope to hear from you.

**Bridging the Gap Committee**  
**(760) 301-6156**  
**C/O Central Intergroup Office**  
**35-325 Date Palm Dr. Suite 134**  
**Cathedral City, CA 92234**

## **What AA Does:**

Helps people with a desire to stop drinking to find a solution to their problems.

## **What AA Does Not Do:**

Furnish initial motivation • Solicit Members • Charge dues or fees • Operate clinics or drying-out facilities • Provide Housing, meals or transportation • Keep membership records • Follow-up on errant members • Control its members • Hold classes • Practice medicine, psychiatry, or nursing • Offer religious services • Offer professional counseling • Accept money from non-members • Do research • Join councils or social agencies

*Individual members may be involved in some of these activities on a personal basis, but not as a part of their membership in AA.*

To help secure your AA contact, please include the follow-up information when writing to us:

- The town and county you will be living in upon your release  
If available, an address and phone number would be helpful
- Your exact mailing address of where you we can reach you now
- The date you will be released and returning home
- Male or female
- Age (optional-we try to match you with someone around BTG your age)