



the Desert Lifeline

July 2022

A publication of the Central Intergroup Office
of the Desert serving the Coachella Valley.

Central Intergroup Office of the Desert

35-325 Date Palm Drive
Suite 107
Cathedral City, CA 92234

Open 9 a.m. to 8 p.m., Mon.- Fri.
10 a.m. to 2 p.m., Sat. & Sun.

760.324.4880
760.324.4851

Web site: www.AAintheDesert.org



manager@aainthedesert.org
chairman@aainthedesert.org

Intergroup Meeting

1st Thursday of the month, 7 p.m.

Board of Directors Meeting

3rd Thursday of the month,
6:30 p.m.

General Service, District 9
3rd Sunday of the month, 4PM

Now meeting on Zoom
Meeting I.D. 928 8170 4093
Password: 642408

(When in-person again: Fellowship Hall
45940 Portola Ave. Palm Desert)

Mailing Address: P O Box 3684
Palm Desert, CA 92261-3684

Hospitals & Institutions

2nd Wednesday of the month,
5:30 p.m.

Mailing Address: PO Box 1843
Palm Desert, CA 92261
www.coachellavalleyhandi.org

Mid-Southern California Area (MSCA)

PO Box, 51446, Irvine CA 92619-1446
Web site: www.msca09aa.org

General Service Office New York

Contribution Mailing address
Post Office Box 2407
James A Farley Station
New York, NY 10116-2407
Web site: www.aa.org

DCYPAA

Every Sunday 6:00 P.M.
Fellowship Hall 45940 Portola Ave.
Palm Desert
Email: webmaster@dcypaa.com

General Service, District 30

4th Sunday of the month, 2:15PM
Joshua Tree Fellowship Hall
6430 Park Blvd.
Joshua Tree, CA 92252
Mailing Address: P O Box 1692
Yucca Valley, CA 92286-1692

Step Seven

Humbly asked Him to remove our shortcomings.

Tradition Seven

Every A.A. group ought to be fully
self-supporting, declining outside contributions

Seven

Concept Seven

The Charter and Bylaws of the General Service Board
are legal instruments, empowering the trustees to
manage and conduct world service affairs. The Conference
Charter is not a legal document; it relies upon tradition
and the A.A. purse for final effectiveness.

Principle Seven

Humility - The quality or condition of being not
proud or arrogant; modest opinion or estimate of one's
own importance, rank, etc. .

May Office Statistics

Meeting Info	36
12 Step Calls	2
Visitors	23
Literature Sales	204
Al-Anon	2
Other 12 Step	1
Miscellaneous	71
Business	13
Zoom Attendance	54

Central Intergroup Office of the Desert Board of Directors

Chairman: Alyssa C.
Vice Chairman: Daphne F.
Treasurer: Kathy F.
Secretary: Blake H.

Directors
Alex K.
Kenneth J.
Bill T.
Samantha W.
Cyndi Y.

Desert Lifeline Editors: Anna R. & Bill T.
Crossword Puzzle-Master: Ali G.
Office Manager: David M.

What does Central Office Do for Me???

1. We carry the message to the still-suffering alcoholic via telephone calls and 12-step work.
2. Insure a steady supply of literature for our groups at an attractive price.
3. Provide a telephone contact service for AA meeting information and other information such as recovery places, other 12-step contact information, other Central Office numbers, etc.
4. Publish a monthly newsletter by and for our local fellowship with local events and articles by local AA members on the Steps, Traditions and Concepts.
5. Assist in forming new groups or help existing groups in carrying out our purpose.
6. Help in any way to carry out the sole purpose of Alcoholics Anonymous.
7. Attempt to unify our efforts to achieve this purpose.



Step Seven

Humbly asked Him to remove our shortcomings.

The 12 and 12 states “Indeed, the attainment of greater humility is the foundation principle of each of A.A.’s Twelve Steps. For without some degree of humility, no alcoholic can stay sober at all.” (page 70)

In my first year of recovery as I reached Step 7 I had a list of character defects that came from making an inventory, sharing it with my sponsor, and earnestly praying for help. At this point I genuinely felt that I had “swallowed and digested some large chunks of truth about myself” per page 71 of the Big Book. Miraculously the desire to drink and drug had been removed and I experienced many of “The Promises”. I celebrated one year of recovery with all my new A.A. friends and my sponsor and got engaged to a man also in recovery. Unconsciously I had backed off of going deeper into my Step work. I was sure I had “The Program” wired and enjoyed “resting on my laurels.”

One day I had a huge argument with my fiancé resulting in the end of our engagement. My emotional upset and hurt pride overwhelmed me and the desire to drink came roaring back with a passion. Thanks to divine intervention my sponsor called me and helped me through it. That was definitely a wake up call to get off my laurels and get back into The Steps. As we prayed the 7th Step prayer together I felt my humiliation drain away to be replaced again by simple gratitude for my sobriety and the peace of mind it granted me. That was my first conscious contact with humility.

Now in my 28th year of sobriety I find that can still be overwhelmed by self centered fear – fear of not getting what I think I want or losing what I think I have. As a friend in recovery says, I am “vulnerable to everything and immune to nothing.” I have discovered that just as in my first year, my strength and peace comes from my willingness to humbly ask Him to remove my shortcomings.

Cate M.
3rd and 11th Step Meeting, Rancho Mirage

I suddenly realized that today I pray over the same things I used to drink over!

Alcoholics Anonymous has put people in my life that love me . . . and they don't even HAVE to!

Alcoholics Anonymous is not a self-help program. It is a help others program.

STEP SEVEN SET ME FREE

Step Seven begins: "*My Creator, I am now willing that you should have all of me, good and bad.*" Why should I ask God to take over my good qualities in my Seventh Step Prayer? After all, I had been several months sober and there were many noble and honorable elements to my personality. WRONG! (A friend called this: alco-logical thinking.) I was still using "pool room" language, criticizing others; maintained "justified" resentments; smoking two packs of Lucky Strikes a day, etc. I guess I sort of skipped those defects/shortcomings in Steps Four and Five—I **did not really know Good from bad!** More was to be revealed the following months as I continued the maintenance steps—especially Step Ten.



As years passed, and I began living the true spirit of the maintenance steps, as they say: "More will be revealed" I was told to ask God to help me become aware these newly discovered personality defects and to use the *suggested* Step Ten directions to face and be rid of them. In time, my ego deflated to where I could see that my bad language was not normal, and it made me appear rather dull witted. My critical judgement of others began to diminish as I realized I was only seeing what was wrong with me! Also, those repeating thoughts of anger began to give way to joyous prayer. Seven months later my nicotine addiction went south and has never returned. Let us put it this way; the selfishness, dishonesty, resentment and fear I learned about myself in Step Four, began to diminish when I put Step Seven into action! The Seventh Step *prayer* was only a beginning.

What a relief! That promise of a new freedom and happiness began to appear, but most importantly, that dreadful mental obsession finally began to disappear. I now realize that I had been trapped in a bondage of self for many years but putting Step Seven into action has set me free! Step Seven is a powerful tool! Thank you, God!

Bob S

\$5.00



\$5.00

Book of the month

A New Pair of Glasses

First Printing of the First Edition

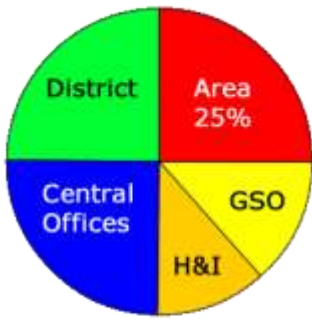
Soft Cover

\$5.00

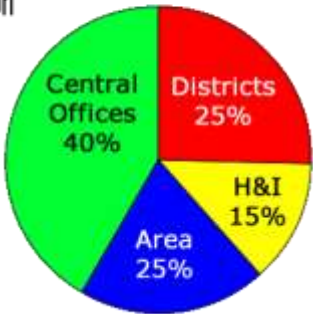
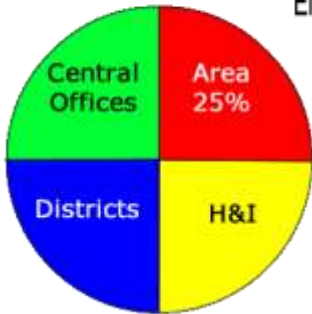
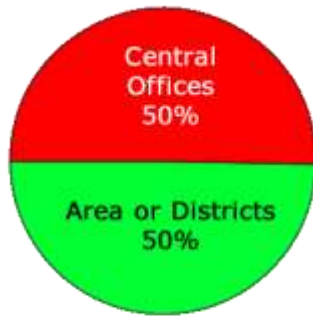


\$5.00

Normally \$6.00— This month \$5.00



East County Intergroup
El Cajon



"Step One...a pie chart is not a dessert."



Q Do all groups contribute to A.A.'s service entities?

A No. Contributions are strictly voluntary and some groups simply cannot afford additional contributions after covering their basic needs. Additionally, there are groups who, for whatever reasons, choose not to be a part of the self-support network. These groups, nevertheless, will receive basic services from the district, area, and intergroup if they wish, and are welcome to register with G.S.O., where they will receive the same basic services as other groups. In 2012 the percentage of all registered groups who contributed to G.S.O. was 42.4%, in 2013 it was 42.5%.

Q What do contributions to G.S.O. cover?

A The 2013 service dollar was spent on the following activities: Group Services 32.5% (which includes various group contact-type costs in addition to Box 4-5-9; A.A. Directories; records and files; contributions processing; and French services); the General Service Conference, 14.2%; Lovers, Internationalists, and Overseas Services, 7.5%; trustees' and directors' activities, 6.3%; Regional Forums, 7.2%; Archives, 10.1%; C.P.C., 5.2%; Public Information, 4.4%; Correctional Facilities, 4.7%; Treatment Facilities, 2.0%; Special Needs, 1.8%; Nominating, 3.7%; and others, 0.4%.

Q How much does it cost, per group, for G.S.O. to supply basic services?

A At the end of 2013, the annual cost of services per group was \$147.00, while the average contribution per group was \$107.00. The shortfall between these two figures is made up from income from A.A. publications.

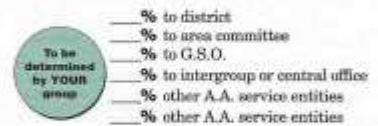
Q My group doesn't have a lot of money. Is it better not to send anything at all until we can afford to make a sizeable contribution?

A In the spirit of participation, no contribution toward carrying the message can be too small. Bill W. spoke about our "collective obligation" to support A.A. services, and if everyone waited until they had a "sizeable" amount, it's more than likely that A.A.'s bills would go unpaid.

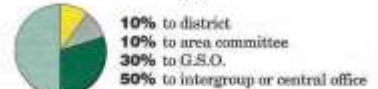
Samples of Group Contributions to A.A. Service Entities

Distribution Plan of _____
(YOUR GROUP NAME)

Your Group Service # _____
(Be sure to write group name and service # on all contributions.)



OR



OR

If you have no intergroup/central office.



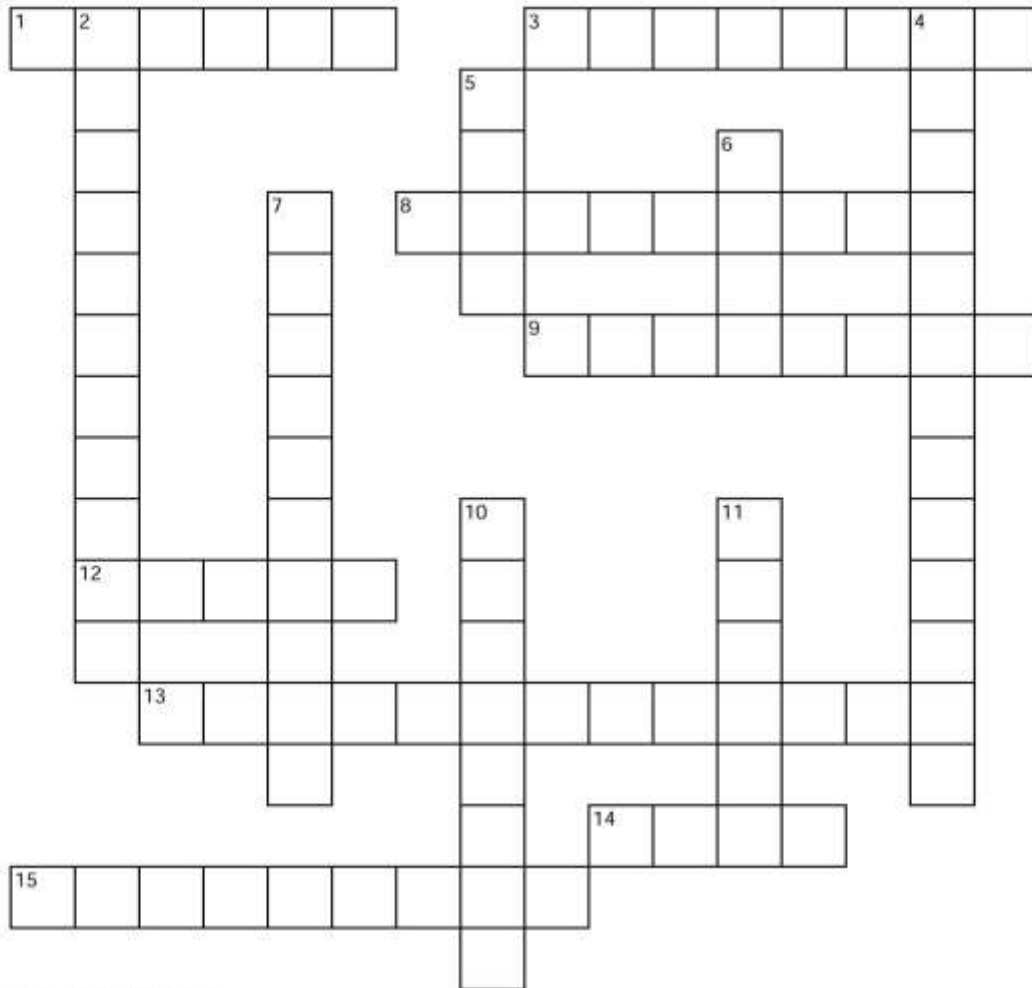
Q Where should I send contributions?

A For contributions to G.S.O., make checks payable to "General Service Board" and send to:

General Service Office
P.O. Box 459
Grand Central Station
New York, NY 10163

or visit Contributions on line at www.aa.org

For contributions to other A.A. service entities, contact your district committee, area committee, and local intergroup/central office for addresses. You can enter the addresses in the spaces provided on the next page to save for easy reference. And remember that these addresses may change when a treasurer rotates.



www.CrosswordWeaver.com

ACROSS

- 1 "Alcoholics Anonymous is a fellowship of _____ who share their experience, strength and hope"
- 3 More will be _____.
- 8 "Indeed, the attainment of greater humility is the foundation _____ of each of AA's Twelve Steps."
- 9 God enables us to match calamity with this
- 12 Central Office's resident pup.
- 13 Every A.A. group ought to be fully self-supporting, declining outside _____.
- 14 The main problem of the alcoholic centers in their _____, rather than their body
- 15 The spiritual foundation of all our Traditions.

DOWN

- 2 With all the _____ at our command, we beg of you to be fearless and thorough from the very start.
- 4 Concept 7: The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final_____.
- 5 [The Promises] will always materialize if we _____ for them.
- 6 Enlarge our spiritual _____
- 7 The dubious luxury of normal people; bitter indignation at having been treated unfairly.
- 10 Spiritual principle of Step 7
- 11 The Steps are a _____ for living that works in rough going

Tradition Seven

Every A.A. group ought to be fully self-supporting, declining outside contributions.

In the early years, AA thought, if they had a lot of money, they could do great work through hospitals and education. It created problems of how the money would be spent and who would decide when-and-where it would be spent.

These problems resulted in AA and money being totally separate. However, we almost went broke, because everyone decided AA shouldn't have any extra money.

Fortunately, common sense prevailed through the Foundation's (now General Services) principles:

AA remain poor, but have a prudent reserve

AA would accept no outside contributions, thus no outside influence would be present.

We have survived for 74-years and will continue to survive if each individual member will contribute regularly and donate a little extra when AA needs additional funds.

Many of us make amends to different charities for things done in the past. I hope we all realized that AA must be our number one priority. Without AA, we would not be sober and, more than likely, not making donations to any cause.

Mike D.

No Rules Group, La Quinta

Concept Seven

Every A.A. group ought to be fully self-supporting, declining outside contributions. The Charter and Bylaws of the General Service Board are legal instruments, empowering the trustees to manage and conduct world service affairs. The Conference Charter is not a legal document; it relies upon tradition and the A.A. purse for final effectiveness.

Although at first glance Concept VII appears to again state Tradition 2, it doesn't.

On one hand the Board of Trustees has complete legal power over AA Funds and Services, yet on the other hand AA General Service Conference is clothed with the influence and financial power that, if necessary, it could override the legal rights of the Board of Trustees.

It can therefore give the Trustees directives and secure compliance with them practically speaking. In other words, the overall Group conscience will nearly always be superior to the legal power of the Trustees.

This superior power in the Conference flows from the power that additional influence of the Charter itself.

It derives from the large majority of group chosen Delegates in the Conference. And finally, in any great extremity, it would rest upon the untouched ability of the Delegates to deny the General Service Board the monies with which to operate with.

Continued from page 11

Online Meeting Template

Welcome to the _____ Group of Alcoholics Anonymous. My name is _____, and I am an alcoholic, located in _____.

Let's open this meeting with a moment of silence followed by the 3rd step prayer.

[Please paste the prayer in the text box:]

God, I offer myself to Thee – to build with me and to do with me as Thou wilt. Relieve me of the bondage of self, that I may better do Thy will. Take away my difficulties, that victory over them may bear witness to those I would help of Thy Power, Thy Love, and Thy Way of Life. May I do Thy will always.

Please be sure to mute your microphone when you are not speaking. If you are calling in instead of using the Zoom app, please mute your phone. We ask everyone to take a moment to do that now. If the video or sound is choppy for you, try closing other applications and taking other devices off your Internet connection.

You can also right-click on yourself in the app to rename yourself - we recommend including your city and state, or city and country. For example, mine is " First Name Last Initial " and I am calling from city/state/country. "

Our group endeavors to provide a secure and welcoming virtual environment in which our meetings can take place. To help us make everyone feel comfortable in our meeting, we ask that group members and others refrain from contact with people they do not know during or after the meeting unless it is regarding recovery. We hope that we can work together to provide a safe meeting place for all attendees. This is accordance with the first tradition, which states that "Each member of Alcoholics Anonymous is but a small part of a great whole. AA must continue to live or most of us will surely die. Hence, our common welfare comes first. But individual welfare follows close afterward."

Also, please take the precautions you feel are necessary to ensure your own personal comfort. For example, please let the chairperson know if someone is sending inappropriate private messages during or after the meeting.

I have asked a friend to read the **12 steps of Alcoholics Anonymous.**

I have asked a friend to read the traditions.

Is anyone in their first 90 days of sobriety who would like to be recognized?

Is anyone celebrating an AA anniversary this month?

Welcome everyone. This is a 1-hour meeting. The meeting format is: _____ Please raise your hand and the moderator will unmute you in order of raised hands. If you are using the app you can "raise your hand" by clicking the three dots at the bottom and pressing "raise

hand". Please keep your shares to 5 minutes or less in order to give everyone a chance to speak.

[Introduce the person bringing the topic]

Ok, the floor is now open for sharing. As a reminder in order to share please raise your hand and the moderator will unmute you in order of raised hands. If you are calling in and are unable to raise your hand please just unmute yourself and introduce yourself after the next available shar. Please introduce yourself and include where you're joining from.

[At the 55th minute]

Thank you to all those who shared. Now the seventh tradition:

We have expenses such as Zoom access, and other technical costs, so we are asking AA members to support this meeting if they are able. **This is not required!** Please only give what you can, and respect the seventh tradition of AA which states that we are fully self-supporting, declining outside contributions. This means you should only contribute to our group if you believe you have a problem with alcohol. Details about how to contribute will be pasted in the chat - please stay after the meeting if you have any questions about our contribution methods.

[insert paypal/venmo link]

Are there any AA-related announcements?

Our group conscious meetings take place on the _____ of each month after our regular meeting. If you have any questions about AA, or this group, or sponsorship, please stay on for the meeting after the meeting and bring them up. We hang out afterwards. Let's end the meeting with a moment of silence followed by the Responsibility Statement, which is now in the chat:

[Paste Responsibility Statement in the chat]

*I am responsible.
When anyone, anywhere reaches out for help,
I want the hand of AA always to be there,
And for that I am responsible.*

Dear God,

Please help me to see other people as you see them, to love other people as you love them, and to forgive other people as you forgive them.

And please help me to see myself as you see me, love myself as you love me, and forgive myself as you forgive me.

Amen.

SUGGESTED ONLINE MEETING FORMAT

Alcoholics Anonymous ONLINE Meeting Agenda template

Please use all or any portion of this suggested format as your group desires

ZOOM HOST Good morning ladies and gentlemen. This is the regular open meeting of the _____ Group of Alcoholics Anonymous. My name is _____, and I am an alcoholic and your current Secretary or Co-Secretary along with _____. For today's meeting _____ is our Zoom host, helping me with meeting logistics. Please treat this online meeting as you would an in-person meeting and refrain from activities that would be distracting to others. To minimize background noise, we have muted all participants. However, you have the ability to un-mute yourself at any time. A word about anonymity: If you are concerned about your full name being shown—or your photo—you can click on the video down on the bottom of your screen on the dashboard.

You can also disable your video by clicking the video icon in the lower left corner of the screen. Also, the "record meeting" function in Zoom has been disabled.

If you are in a public setting, please turn off your video and use your headphones so others can't hear the meeting. If anyone interrupts the meeting, the host will mute everyone and remove that person so we can resume the meeting quickly.

This meeting follows principles of privacy and anonymity through suggested Central Office and Zoom guidelines. Ultimately, your privacy is your responsibility.

SECRETARY

Shall we open the meeting with a moment of silence to do with as you wish, followed by the Serenity Prayer. "God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and the wisdom to know the difference."

I will now read the definition of Alcoholics Anonymous:

"Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety."

I have asked _____ to read "How it Works" from the beginning of Chapter 5 of the Big Book of Alcoholics Anonymous. (Reminder for secretary/host: If the reader forgets to unmute, you can do that for them. Thank you _____ for reading.

A reminder before we ask about birthdays, visitors and newcomers: please unmute yourself if you would like to share a birthday, identify yourself as a visitor or let us know if you are a newcomer.

Are there any AA birthdays we can help celebrate?

Do we have anyone visiting from outside the area or anyone at this meeting for the first time?

It is also the custom of this group to ask if there are newcomers. We define newcomers as people in their first 30 days of sobriety. We would be grateful if you would introduce yourself by your first name only. This is not meant to embarrass you but rather to give us a chance to get to know you better. Are there any newcomers?

Are there any AA related announcements from the group? (Optional)

These are the regular announcements: (Optional)

This meeting encourages sponsorship. Will all those with a working knowledge of the Twelve Steps who are willing to be sponsors please raise your hands and keep them up. If you are looking for a sponsor, just look around. To connect with someone, use the Zoom chat feature. Just tap the chat icon at the bottom of Zoom and select the person you'd like to message.

If you would like a copy of our phone list, please use chat to share your email address with us and we will send it you. (Optional)

This is a one hour speaker discussion meeting. Our chairperson shares his/her experience, strength and hope with the group and then opens the meeting for discussion. It is my pleasure to introduce our speaker _____. Thank you, _____ (speaker's name). We have no dues or fees in A.A., but we do pay our own way. In accordance with the Seventh Tradition, your contributions will be greatly appreciated. The money you put in the electronic basket helps support General Service and our Central Office and will be used for rent, coffee, and snacks when we resume our in person meetings. You can Venmo your contribution to _____. Our treasurer will also share that Venmo account name in the chat window for everyone.

We have reached the discussion portion of our meeting. If you'd like to share, please unmute and introduce yourself before sharing. The topic suggested by our speaker is _____. The meeting is now open for sharing. That is all the time we have. I'd like to recognize and thank a number of people:

- Our birthday people (happy birthday everyone) . . .
 - Our visitors (welcome) . . .
 - Our newcomers (welcome and keep coming back) . . .
 - I'd also like to thank all the people that make this meeting possible.
 - Please join with me in a special thank you to our speaker ____ for sharing with us today!
- Please remember: Who you see here, what you hear here, let it stay here.

I have asked _____ to read the _____; after which, for all those who wish to join us, (speaker) will close the meeting by leading us in the Lords Prayer.

Continued from page 7

Theoretically the Conference is an advisory board only, but practically speaking has all of the ultimate rights and powers it will ever need.

Our trustees have no salaried financial interest in their posts. We can be quite sure that the Board wouldn't ever think of legally contesting the clear and sustained will of the Conference Delegates and the AA Areas that they represent.

In Concept VII we have the perfect check and balance system. In other words even at world level the Group conscience always rules.

Floyd
The How it Works Group, Palm Springs



INTER-GROUP
ASSOCIATION OF A.A.
OF NEW YORK, INC.

Suggested Virtual Meeting Script

Note: This script is provided in the spirit of assistance and is *suggested* only. Each group makes its own decisions about their standard script it uses to run its meetings by Group Conscience. This script covers general procedures only and would need to be edited for your specific meeting format (Speaker, discussion, etc.) **Take what you want & leave the rest!**

[Good morning/afternoon/evening], and welcome to the regular meeting of the [_____] group of Alcoholics Anonymous. My name is [_____] and I'm an alcoholic. Ours is **[an open/a closed]** meeting of AA. [Attendance at closed meetings is limited to persons who have a desire to stop drinking.] We are glad you are here.

Preamble

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength, and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

Meeting etiquette

A few words about virtual meeting etiquette: generally, don't do anything in a virtual meeting you wouldn't do in a physical meeting. Mute your microphone when not speaking if the host hasn't done it for you. Turn off your video if you're doing something distracting (walking, exercising, etc.). Be respectful of others when they share and remember our meetings are a sacred space to those who attend.

Continued on Page 13



Crosstalk

- This meeting discourages crosstalk. That includes commenting directly on the share of another or giving direct advice verbally or in the Chat box (if available).

Phone participants

- Participants who have joined by phone only may unmute/mute themselves by pressing *6; they may raise/lower their hands by pressing *9.

Spiritual timekeeper

- If your group has a spiritual timekeeper, request a participant to volunteer for this role. Consider making them a co-host so they are highly visible in gallery view.

Newcomers, day-Counters, celebrants, AA-related announcements, literature

- The Chair may ask if there are any newcomers, people counting days or celebrating an anniversary.
- The Chair may ask if there are any AA-related announcements.
- Literature is available to purchase or to read online for free. Please see the Chat Box for the relevant links:

[The below-listed text may be copied and pasted into the Chat Box]

- Books and other material to purchase:
 - <https://www.nyintergroup.org/product-category/literature/>
- Pamphlets to purchase:
 - <https://www.nyintergroup.org/product-category/pamphlets/>
- Read online for free:
 - Big Book: https://www.aa.org/pages/en_US/alcoholics-anonymous
 - Twelve & Twelve: https://www.aa.org/pages/en_US/twelve-steps-and-twelve-traditions
 - Daily Reflections: https://www.aa.org/pages/en_US/daily-reflection
 - AA Grapevine: <https://www.aagrapevine.org/we-are-here-to-help>

Seventh Tradition

There are no dues or fees for AA membership. AA is self-supporting through its own contributions. We pass the virtual basket to cover expenses.

Continued on Page 14



INTER-GROUP
ASSOCIATION OF A.A.
OF NEW YORK, INC.

[Here give the Seventh Tradition information. Consider pasting the information in the Chat box.]

Other links:

Donate to the General Service Office (GSO) Alcoholics Anonymous [here](#).

Donate to Inter-Group Association of A.A. of New York [here](#).

Sponsorship

If your meeting has an announcement regarding members willing to serve as a sponsor, prospective sponsors may use the raise hand function. Some groups open up the Chat box for this purpose and allow prospective sponsors to put their name and contact details in the Chat box. This policy should be discussed in the Group Conscience.

"Burning desires"

Ask for "burning desires," people who fear they might drink or harm themselves.

Closing

I would like to thank _____ who served as our co-host [and, other service positions] and all of you for being here.

Closing prayer.

Sponsee: "God is working too slowly!"

Sponsor: "God is old. He's slow. Get used to it. If you were that old, you'd be slow, too."

I've just realized that I'm bi-lingual. I've spoken English my whole life . . .
but for the past 22 years, I've been learning the Language of the Heart. Still learning!

Sponsee: "She called me a smug sanctimonious bitch!"

Sponsor: "I don't think you're sanctimonious."

"...and to think that my very life today is because of the pay phone in the lobby of the Mayflower Hotel!"

**Palm Desert Group
Fellowship Hall,
Palm Desert**

Saturday Night, 8:00 p.m.

6/03 - *Speaker Information*
6/10 - *not available at*
6/17 - *time of printing*
6/24 -

**Sobriety Capital of the World Group
ABC Club 44359 Palm St. Indio**

Friday Night, 8 p.m.

7/01 - Laurie S. - Fullerton, CA
7/08 - Pricilla Y.. - Los Angeles CA
7/15 - Derrick F. - San Bernardino, CA
7/22 - Ginny P. - Palm Springs, CA
7/29 - Michaelina F.—San Bernardino, CA



Speaker Meetings



Notes on Step Seven

There was true humility and deep surrender by asking God to “*take all of me*,” both the “*good*” and the “*bad*.” This was an admission that I could not trust myself to differentiate between the two. I almost drank after five months sobriety before going into the 12-step process with my sponsor. He wisely pointed out the obvious fact that my mind lied to me—It was not to be trusted! I needed a higher power (God) to see the truth about myself. What an ego-shattering revelation! Yet, it was necessary to give up on myself and trust God to take over my recovery. Someone said: “*Self cannot rid self of self with self*. ”

I often hear long dissertations of what Bill W meant by “**shortcomings**” and “**defects of character**” in Step Seven. Though it may be impossible to overstate the importance of dictionaries, Bill W uses these words to mean the same thing. Let us look how he came about phrasing Steps Six and Seven:

Page 59, Step Seven: “Humbly asked Him to remove our “**shortcomings**.”

Page 76, Step Seven: “I pray that you now remove from me every “[defect of character](#)” that stands in the way of my usefulness to you and my fellows.” Consequently, it is easy to see that Bill meant for us to absorb these two words as “twins.”

I wondered why the closing word “Amen” was not used in the many prayers of the steps leading up to Step Seven. It was explained to me that this word can be used as a **summary** of previous connected facts, e.g.:

In Step Three we asked to be relieved of the bondage of self, but we didn’t know what that was. Not complete. **No Amen!**

In Step Four we only partially realize the nature of said bondage. Not complete. **No amen!**

In Step Five our sponsor may provide deeper insights of the bondage. [Not complete. No Amen!](#)

In Step Six we become willing to ask God to remove this bondage. Not complete. **No Amen!**

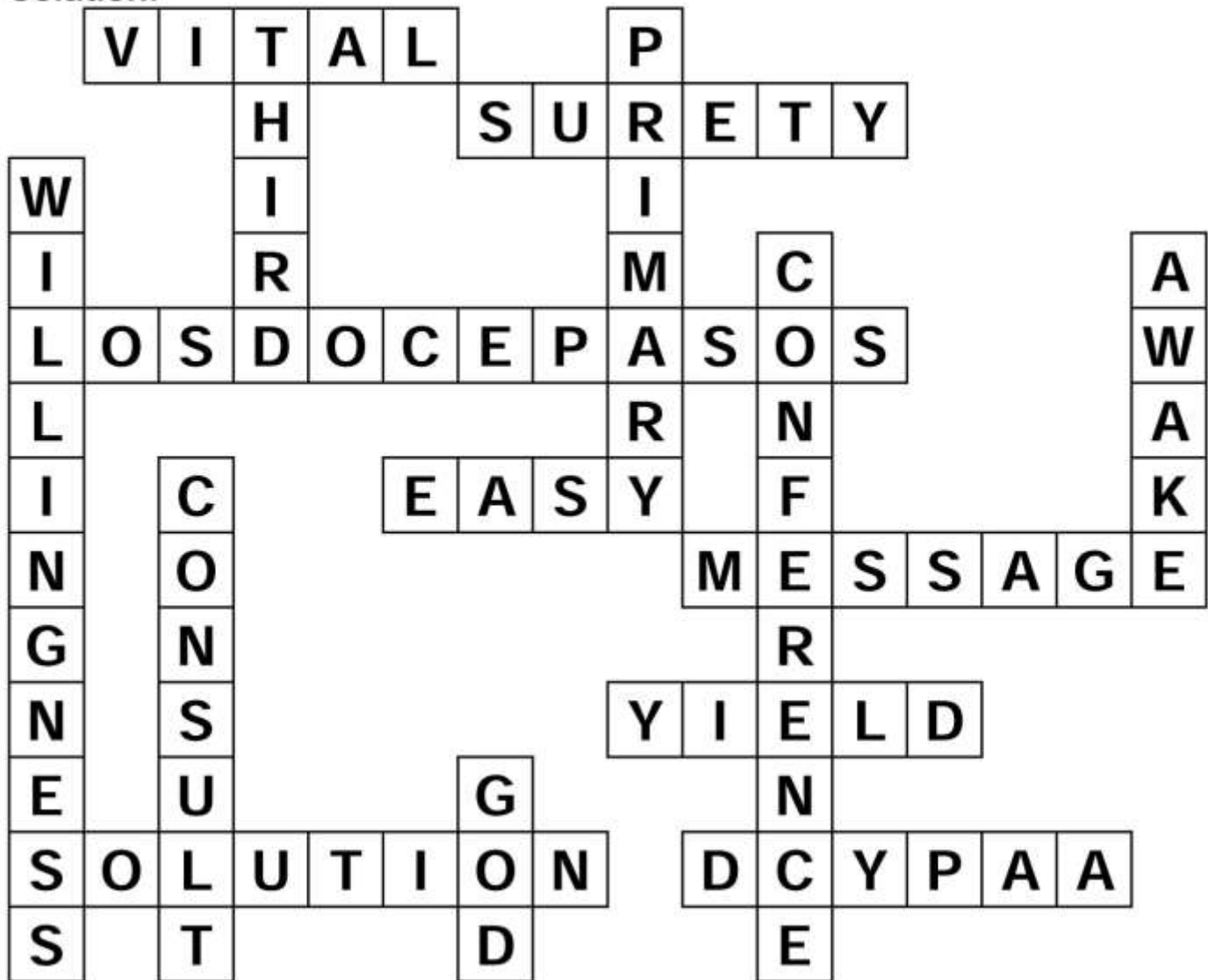
In Step Seven, not that we have a much better insight of our bondage and are willing to be rid of our defects and shortcomings we are now ready to ask God for help. We have completed the necessary prerequisites. The **summary** has been completed—consequently Bill adds the word, Amen.

So be it.

Bob S.

June Puzzle Solution

Solution:



Continued from page 5

the monies with which to operate with.

Theoretically the Conference is an advisory board only, but practically speaking has all of the ultimate rights and powers it will ever need.

Our trustees have no salaried financial interest in their posts. We can be quite sure that the Board wouldn't ever think of legally contesting the clear and sustained will of the Conference Delegates and the AA Areas that they represent.

In Concept VII we have the perfect check and balance system. In other words even at world level the Group conscience always rules.

Floyd
The How it Works Group, Palm Springs



Central Intergroup of the Desert

Statement of Activity

May 2022

PROFIT AND LOSS

-\$2,876

Net income for May

\$12,728

Income

\$15,604

Expenses

	TOTAL	
	MAY 2022	JUL 2021 - MAY 2022 (YTD)
Revenue		
Contributions - Groups & Individuals	4,454	81,381
Interest Income	16	65
Sales	8,258	86,200
Total Revenue	\$12,728	\$167,646
Cost of Goods Sold		
Cost of Goods Sold	5,582	57,746
POS Inventory Adjustment	(509)	(2,577)
Total Cost of Goods Sold	\$5,072	\$55,168
GROSS PROFIT	\$7,656	\$112,477
Expenditures		
Accounting Services	600	6,600
Computer Expense	1,067	5,263
Credit Card Fees	193	2,762
Insurance - Health	446	4,815
Insurance - Liability	41	1,950
Insurance - Worker's Comp		1,060
Newsletter Expense	250	940
Office Expense	1,121	9,329
Outreach		2,500
Payroll Expenses	4,140	49,796
Plant Expenditures		279
Rent	1,916	17,164
State Filing Fees		50
Storage	254	2,134
Utilities	503	5,978
Total Expenditures	\$10,532	\$110,621
NET OPERATING REVENUE	\$ (2,876)	\$1,856
NET REVENUE	\$ (2,876)	\$1,856

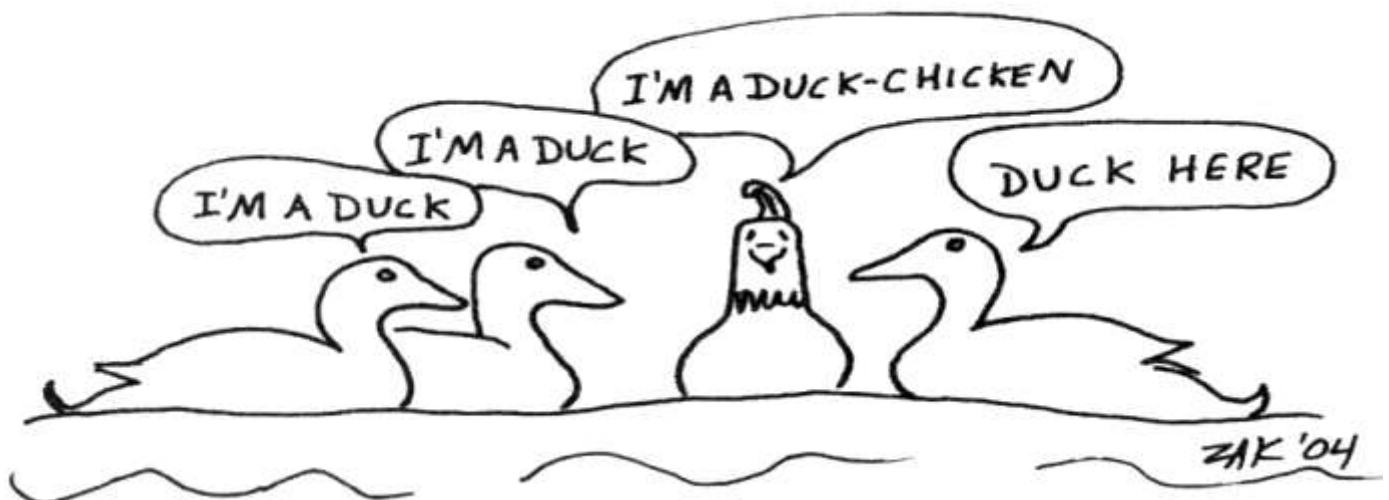


Central Intergroup of the Desert

Budget vs. Actuals: FY 2021-2022 - FY22 P&L

July 2021 - May 2022

		TOTAL	
	ACTUAL	BUDGET	OVER BUDGET
Revenue			
Contributions - Groups & Individuals	81,381	79,039	2,342
Interest Income	65	72	(7)
Sales	86,200	77,663	8,537
Total Revenue	\$167,646	\$156,774	\$10,872
Cost of Goods Sold			
Cost of Goods Sold	57,746	51,686	6,060
POS Inventory Adjustment	(2,577)		(2,577)
Total Cost of Goods Sold	\$55,168	\$51,686	\$3,482
GROSS PROFIT	\$112,477	\$105,088	\$7,389
Expenditures			
Accounting Services	6,600	6,600	0
Computer Expense	5,263	4,147	1,116
Credit Card Fees	2,762	2,096	666
Insurance - Health	4,815	4,532	283
Insurance - Liability	1,950	2,502	(552)
Insurance - Worker's Comp	1,060	1,053	7
Newsletter Expense	940	275	665
Office Expense	9,329	8,250	1,079
Outreach	2,500		2,500
Payroll Expenses	49,796	49,824	(28)
Plant Expenditures	279		279
Rent	17,164	16,812	352
State Filing Fees	50	60	(10)
Storage	2,134	1,958	176
Utilities	5,978	5,373	605
Total Expenditures	\$110,621	\$103,482	\$7,139
NET OPERATING REVENUE	\$1,856	\$1,606	\$250
NET REVENUE	\$1,856	\$1,606	\$250



Central Intergroup of the Desert

Contributions - Groups & Individuals

May 2022

	TOTAL	
	MAY 2022	JUL 2021 - MAY 2022 (YTD)
1 Perez Plaza Meeting Room		2,030.00
12 & 12 La Quinta Library Wed Noon		157.00
164 Group - WED - Palm Springs		398.40
3-7-11 Step Meeting #681237		327.79
3rd & 11th Step - SUN Palm Desert		203.00
5th Tradition Dinner Meet Desert Hot Springs	80.00	360.00
9am Staying Connected (Zoom)	556.00	5,002.35
Alano Club Palm Springs	214.80	2,746.80
All My Friends		54.00
An AA Big Book Group - Sunday - Desert Hot Springs		100.00
Anonymous No Group Given	972.09	17,019.01
As Bill Sees It -10AM-M Fel. Hall P.D.		254.39
Attitude Adjustment Rancho Mirage		25.00
Attitude Adjustment-M-F P.D. Santa Fe Square		1,160.65
Attitude Adjustment-M-S , Palm Desert PDCC		3,991.00
Back to Basics - SAT		58.00
Big Book Study L Quinta Library		98.83
Birthday Contributions		726.18
Black Sheep Group		695.75
Cash & Check Deposit		104.76
CDM Men's Stag-TUE		449.00
Central Intergroup Cathedral City	48.00	227.00
Covert IHOP Mon. Mens Stag		348.11
Daily Reprieve-Daily Palm Desert	462.07	5,052.91
DCYPAA All Valley Young People's		50.00
Desert Men's Banquet		1,500.00
Desert Men's Big Book Stu Palm Desert	258.50	1,076.50
Desert Women's Banquet		750.00
Dolls of Valley Palm Desert		100.00
Female Friends Yucca Valley		160.00
First Things First 350102		162.00
Good Morning to You Book Study		115.00
Great Events Yucca Valley		150.00
Groovy Group Palm Desert		295.40
Group '48-MON- Palm Springs		115.00
Happy Hour Book Study Palm Desert		85.00
Hi Desert Speakers Group		125.00
How It Works Palm Desert		49.00
IHOP Overflow Wed. Men's Stag		200.00
Jaywalkers Men's Stag Palm Desert		235.30
Just the Black Print Big Rancho Mirage		636.70
Keep It Simple Fellowship Desert Hot Springs		100.00
Keep It Simple Group 00000-5037 Palm Desert	250.00	250.00

Central Intergroup of the Desert

Contributions - Groups & Individuals

May 2022

	TOTAL	
	MAY 2022	JUL 2021 - MAY 2022 (YTD)
Living Sober Group-Joshua Tree		426.00
Living Sober Palm Springs 146975	171.90	572.05
Meditation Meeting 1000 Palms		172.00
Men's Mauraders Palm Desert 640373		713.14
Mon. Women's Meeting Yucca Valley		120.00
Monday Night Traditions		87.00
New Freedom Palm Desert		100.00
No Matter What Group	50.00	471.00
No Rules La Quinta		2,090.80
One Day At a Time Palm Desert		200.00
Open Discussion Joshua Tree		270.00
Over 50 12&12 Step Study		376.50
Oxy-Moron Group Palm Springs	100.00	377.00
Palm Desert 7 AM Attitude Adj. 122976		848.00
PAIm Desert Keep It Simple		116.00
Palm Desert Q & A - 10 AM		5,139.00
Palm Desert Saturday Speaker's	150.00	500.00
Participation - THU - Twentynine Palms		80.00
Perez Plaza Cathedral City Half Measures		104.67
Primary Purpose Blythe		100.00
Primary Purpose Mon. Ironwood Park	175.00	321.00
Road Runners Bermuda Dunes		477.00
Rock Bottom-THUR Twentynine Palms		30.00
Rock Bottom-TUE Twentynine Palms		20.00
Round Table Serenity Group		300.00
Rush Hour Group		150.00
Santa Rosa Big Book Thump Coachella		702.00
Santa Rosa Group Palm Desert		150.00
Saturday Discussion Palm Desert		2.00
Serenity Seekers Palm Desert		120.00
Sisters Under the Skin Palm Springs	50.00	550.00
Smoking Jackelope Men Stag		200.00
Sober Divas	75.00	750.00
Sobriety Capitol of World Indio		272.00
Solid Solutions- TUE		213.00
Solutions in Sobriety Palm Desert	184.80	184.80
Spirituality in Recovery 258223		358.50
St. Paul's Tuesday Night Men's Stag		250.00
Step Sisters Palm Desert		176.50
Step/Tradition Study Palm Desert		100.00
Stepping Stones Palm Desert 81054		319.00
Sun City Ole Time Big Book Study		363.00
Sunday ABC Group Palm Desert		100.00

Central Intergroup of the Desert

Contributions - Groups & Individuals

May 2022

	TOTAL	
	MAY 2022	JUL 2021 - MAY 2022 (YTD)
Sunday in the Park		338.00
Sunday Serenity Group	19.45	284.89
Sunny Dunes 5th Tradition Group		6,641.45
Sunrise Celebrators Palm Desert	45.11	647.19
Sunrise Survivors		190.00
Sunset Group La Quinta Park	142.00	758.49
The First 164 Pages		915.13
The Original Men's Stag		306.00
The Way Out		175.00
Third Tradition Group Landers	100.00	300.00
Thurs. 7PM Attitude Adj.	225.00	827.00
Tuesday Zoomers Step Study		50.00
Twilight Step Study 126569 Palm Desert		71.50
We're Not Really Here		248.00
Wed Nite Women's Discussion Heritage Palms		600.00
Wednesday Night Serenity 600735		30.00
Winners Meeting Yucca Valley		60.00
Women in the Solution 29 Palms		20.00
Women's Voices	124.50	1,763.50
Yerba Santa Round Table Top Discussion		432.95
Not Specified		5.00
TOTAL	\$4,454.22	\$81,380.89



Drinking tends to isolate some more than others.





Unity Campout 2022

A weekend of
FUN & FELLOWSHIP
for the whole family!

July 7th - 10th

\$40.00 per adult for the weekend

\$20.00 ages 5-12

Kids 4 and under are FREE

(Unity Day Rep or Central Office will collect)

Limited RV spaces available
so get there early!



\$2 Additional fee per pet/per day-
paid at gate upon entry

**Meetings Under the Stars,
Meditation Meetings, etc.
Games, Hiking & all around chillaxin
with friends Old & New!**

Pro Tip: bring your own food and drinks

July 2022
Thursday 7th - Sunday 10th

Hurkey Creek
56375 State Highway 74,
Mountain Center 92561

Tickets are \$40

Kids 5 - 12 are \$20

Little ones 4 and under are free

Purchase tickets in advance

→ **Meetings: All Weekend**

→ **Game times: TBD**

◆ **Cornhole Tourney**

◆ **Volleyball**

◆ **And much, much more!**

★ Interested in being of Service?
Newcomer to Old-timers and
Everyone in Between!

- Talk to a Unity Campout
Committee Member
- OR Text/Call Chris or Brett!

❑ Please note - Campfires are not permitted.
Propane fires only.



Tickets will be available at Meetings and Central Office

Have any questions?

Contact *Chris O. @ 760-835-8416 or Brett D. @ 760-219-2908*