

# the December 2022 Desert Lifeline

A publication of the Central Intergroup Office of the Desert serving the Coachella Valley.

#### Central Intergroup Office of the Desert

35-325 Date Palm Drive Suite 107 Cathedral City, CA 92234

Open 9 a.m. to 8 p.m., Mon.- Fri. 10 a.m. to 2 p.m., Sat. & Sun.

760.324.4880 760.324.4851

Web site: www.AAintheDesert.org



manager@aainthedesert.org chairman@aainthedesert.org

Intergroup Meeting 1st Thursday of the month, 7 p.m.

**Board of Directors** Meeting 3rd Thursday of the month, 6:30 p.m.

**General Service**, District 9 3rd Sunday of the month, 4PM

Now meeting on Zoom Meeting I.D. 928 8170 4093 Password: 642408

(When in-person again: Fellowship Hall 45940 Portola Ave. Palm Desert)

Mailing Address: P O Box 3684 Palm Desert, CA 92261-3684

**Hospitals & Institutions** 

2nd Wednesday of the month, 5:30 p.m. Mailing Address: PO Box 1843 Palm Desert, CA 92261 www.coachellavalleyhandi.org

Mid-Southern California Area (MSCA) PO Box, 51446, Irvine CA 92619-1446 Web site: www.msca09aa.org

**General Service Office New York** 

Contribution Mailing address Post Office Box 2407 James A Farley Station New York, NY 10116-2407 Web site: www.aa.org

**DCYPAA** 

Every Sunday 6:00 P.M. Fellowship Hall 45940 Portola Ave. Palm Desert Email: webmaster@dcypaa.com

General Service, District 30
4th Sunday of the month, 2:15PM
Joshua Tree Fellowship Hall
6430 Park Blvd.
Joshua Tree, CA 92252
Mailing Address: P O Box 1692
Yucca Valley, CA 92286-1692



#### Step



Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

# W

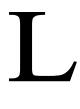
#### **Tradition**

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.



#### Concept

The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.







## Principle Twelve

**Service** - an act of helpful activity; help; aid: *to do someone a service.* 

October Office Statistics	
Meeting Info	29
12 Step Calls	4
Visitors	35
Literature Sales	204
Al-Anon	3
Other 12 Step	2
Miscellaneous	42
Business	4
Zoom Attendance	81

#### Central Intergroup Office of the Desert Board of Directors

Chairman: Alyssa C.
Vice Chairman: Daphne F.
Treasurer: Kathy F.
Secretary: Blake H.

<u>Directors</u> Alex K. Kenneth J. Bill T. Samantha W. Cyndi Y.

Desert Lifeline Editors: Nikki J. & John C. Office Manager: David M.





Mario R. 23 yr.

Dani M. 27 yr.

David M. 29 yr.





B.J. C. 31 yr.

Char A. 40 yr.

We thank all of the birthday celebrants for their contributions to the Central Office Birthday Club.

Although the current social aspects of our Fellowship keep the normal channels of celebrating at a minimum, if you are celebrating, please let us know!

I used to think that peace of mind was highly overrated . . . then I worked the steps and came to understand a peace that I had never known.

All resentments contain fear. All fears do not contain resentments.

#### Desert Lifeline, December 2022

#### A Simple Program for Complicated People

Living by the Dictates of my Conscience. By Rick R.

"Desperation" has been the great *motiva*tor for me with respect to the thoroughness that I have applied since the day I surrendered and came to Alcoholics Anonymous (A.A.) searching for solutions to my, out of control, drinking problem. Not everyone that comes to A.A. has that degree of desperation and that, I believe is the difference in the various degrees of success we, as individuals, have when it comes to abstaining from alcohol. The reality is that not everyone gets it on their very first attempt. With time, comes understanding and once I got beyond the initial stages of recovery it became clear to me that alcohol did not cause my problems although it eventually become a problem. My mental and emotional troubles started surfacing long before I ever started drinking and I now realize that the drinking masked most of my mental and emotional difficulties for a long time but, as it happens, my tolerance for alcohol started to dissipate and the heavy drinking became an obvious problem. I failed at marriage, jobs, friendships, parenthood, and trust with just about every one that knew me. I burned so many bridges that, finally, I had no place to turn and by some miracle, I woke up one morning, and with no other options, I desperately called A. A. for help. I was finally ready and from that day on, over fifty-three years ago, I have never wanted a drink since then. The obsession to drink has never showed its face again but had I not recognized the reason that drinking seemed to work, in the early days, and that the mental and emotional problems would be exposed when I stopped drinking and would need to be addressed if I was ever going to be at peace with myself and with the world around me. I feel fortunate that, from that very first day, I have not been in denial about my condition and have embraced, what I recognized to be, the solution to my disease and the pathway to a future of the contentment that I enjoy today as the result of that thoroughness that I have applied to every facet of my life. I had to relearn how to be a husband, a father, a brother, a friend, an employee, a neighbor, a partner, and a citizen. I had to become an asset and not a liability. I had to question my motives for everything I did and assure that I stayed on the unselfish side of the ledger. I found it helpful to revisit the spirit of the things that I learned as a child in Church, in School, and in the Boy Scouts... and apply them where the selfish and dishonest habits had ruled my life. I came to understand how my Ego had taken over all my mental properties and I had to let my Conscience slowly regain control of my virtues. The A.A. program was there when I was ready to throw in the towel and it helped me to recognize all of these changes but it doesn't go into detail about how to meet these noble goals of how to be a good husband, father, friend,... so I had to learn from other experienced sources, the details of these neglected issues and go about reprogramming my inner self to incorporate all these components of right living. These things take time, and they do not happen overnight, but I could not let that stop me from beginning this new journey and giving me a purpose for living. I am extremely grateful that the A.A. program was established just in time to be available to save this broken spirit and turn it into the person that I am today as I override my Ego and simply live by the dictates of my Conscience.

#### Palm Desert Group -Fellowship Hall, 45940 Portola Ave Palm Desert

Saturday Night, 8:00 p.m.

12/03 - Rebecca E. from Palm Desert

12/10- Tara C. from Palm Desert

12/17 - Dan S. from Palm Springs

12/24 - Discussion

12/31 Discussion

# Sobriety Capitol of the World Group - ABC Recovery Center, Indio 44359 Palm St.

Friday Night, 8:00 p.m.

12/02 - Patrick S. from Orange County CA

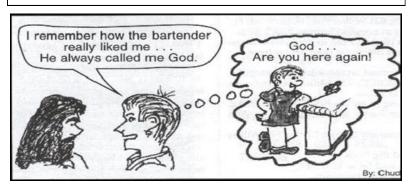
12/09– Vanessa S. from Los Angeles, CA

12/16 - Vincent H. from Los Angeles, CA

12/23 - Joe P. from Coachella, CA

12/30 - Jerry P. from Westchester, CA





#### Commitment? What's that??

Webster's dictionary defines commitment as "an agreement or pledge to do something in the future". We often hear at meetings that they are looking for people to take various commitments at the meeting. But ...... often times they'll take the commitment and then either not show up or give it up after a couple of weeks. I wondered if this was unique to our area, but heard the same things shared at the recent Central Office/Intergroup meeting.

I decided to search my friend, the Web. Amazing – I got hundreds of hits when I searched for "commitment" and "lack". I instantly saw an article by someone titled "A Lack Of Commitment Is One Of The Major Causes Of Failure". The article is listed below. While it is not "conference approved", I feel it applies to us as well as the rest of the folks too.

People by the millions are bailing out of jobs, careers, businesses, relationships and life in general. Many of these people lack commitment to a cause, lifestyle, purpose, or outcome. When it gets a little tough, uncomfortable, or they don't get the results they thought they would as quickly as they thought they should, their response is: "I'm outa here."

By commitment I am not suggesting you should endure an abusive relationship, continue to work for an organization that treats you unprofessionally or hold on to a business that has been dead and buried. I am suggesting, however, that you consider your attitude about this concept. Is bailing out your knee jerk reaction to difficult times, a failure, a stressful period in a relationship, continuous problems or a bad year?

Many people today seem to lack any sense of real commitment and responsibility. Everyone wants to blame someone or something for their problems or adversity. Difficult times can build strength and character, and can give you a real "high" when you overcome them. You cheat yourself of this sense of accomplishment when things are easy.

Life is not meant to be easy, but living it is. The key to remember is what is happening isn't really that important. There will always be "negative stuff" in your business, career, relationships and life in general. The secret is to understand that it isn't what is happening 'out there' in the world, but what is happening 'inside' in your inner world of thought, feelings and consciousness.

There is a tremendous benefit to sticking it out when life throws you curves. These times can be the most creative and motivating, and provide you with a tremendous opportunity for growth. Change in status in any business, career or relationship brings both the need and benefit of new thinking and acting. Avoiding these times by quitting robs you of this joy of winning and learning.

How committed are you in all areas of your life? Are you considering throwing in the towel? Have you experienced 'more than you can handle' issues? Does it seem as if life is picking on you? Join the club, my friend. Everyone has issues, problems, or stuff in their life. It comes with the territory.

But you have a choice. You can look down and see the mud or look up and see the sun. You can give up, quit and move on, or you can draw a line in the sand saying: "this is where I make my stand." Just think of how many opportunities are missed because people quit one day, week or month too soon.

Don't let it happen to you. Commit, go for it, never give up, believe in your dreams, future and life.

Jim K, Office Manager 2010

#### The Twelve Rewards

- 1. We can all have Hope, instead of desperation;
- 2. Faith, instead of despair;
- 3. Courage, instead of fear;
- 4. Peace of Mind, instead of confusion;
- 5. Self-respect, instead of self-contempt;
- 6. Self-confidence, instead of helplessness;
- 7. The respect of others, instead of their pity and contempt;
- 8. A clean conscience, instead of a sense of guilt;
- 9. Real friendships, instead of loneliness:
- 10. A clean pattern of life, instead of a purposeless existence;
- 11. the love and understanding of our families, instead of their doubts and fears;
- 12. and the freedom of a happy life, instead of the bondage of an alcoholic obsession.

All this and more through AA, are we grateful enough? Gratitude will continue the miracle of your sobriety, I found that out.

as written by Ann C. of Niles, Ohio - sober April 1, 1948

#### **Concept Twelve**

The Conference shall observe the spirit of A.A. tradition, taking care that it never becomes the seat of perilous wealth or power; that sufficient operating funds and reserve be its prudent financial principle; that it place none of its members in a position of unqualified authority over others; that it reach all important decisions by discussion, vote, and whenever possible, substantial unanimity; that its actions never be personally punitive nor an incitement to public controversy; that it never perform acts of government; that, like the Society it serves, it will always remain democratic in thought and action.

In this 12th concept for World Service we see several of our cherished traditions scaled out into a much larger environment: the AA General Service Conference. We must always make sure to maintain an ample reserve, however we must not allow an accumulation of money or wealth overshadow our primary purpose. It is a comfort to learn that AA runs democratically in all affairs and we need not ever fear a controlling dictatorship similar to the one we lived under when alcohol ruled our lives. After all, how many of us newcomers would feel comfortable walking into Alcoholics Anonymous, having to not only face the loss of alcohol, but also our right to choose? Definitely not I. In Alcoholics Anonymous each of us has a voice. Although AA lays out a sensible structure under which it operates "no Conference action shall ever be personally punitive" - what a relief to know that Alcoholics Anonymous does not encourage punishment and that each one of us is free to be of service to the best of our ability, without a burdensome fear of risks or mistakes. In AA we learn that it is more constructive to be a good example, rather than it is to teach someone a lesson. The lack of rigidity in the structure of our Conference ensures that "freedom under God to grow in His likeness and image will ever be the quest of Alcoholics Anonymous."

Evelina R Rancho Mirage

# A.A. was founded on the premise that it would be self-supported through member contributions.

For the past 61 years, contributing a single dollar has been almost a tradition.



1960...10¢ 1970...20¢ 1980...35¢ 1990...50¢ 2000...\$1.00 2008...\$1.75



1960...25¢ 1970...65¢ 1980...21.65 1990...22.00 2000...23.00 2008...24.90



1960...22¢ 1970...35¢ 1980...90¢ 1990...\$1.10 2000...\$1.20 2008...\$3.39

Today's dollar has only 10 cents of the purchasing power of a 1960's dollar.

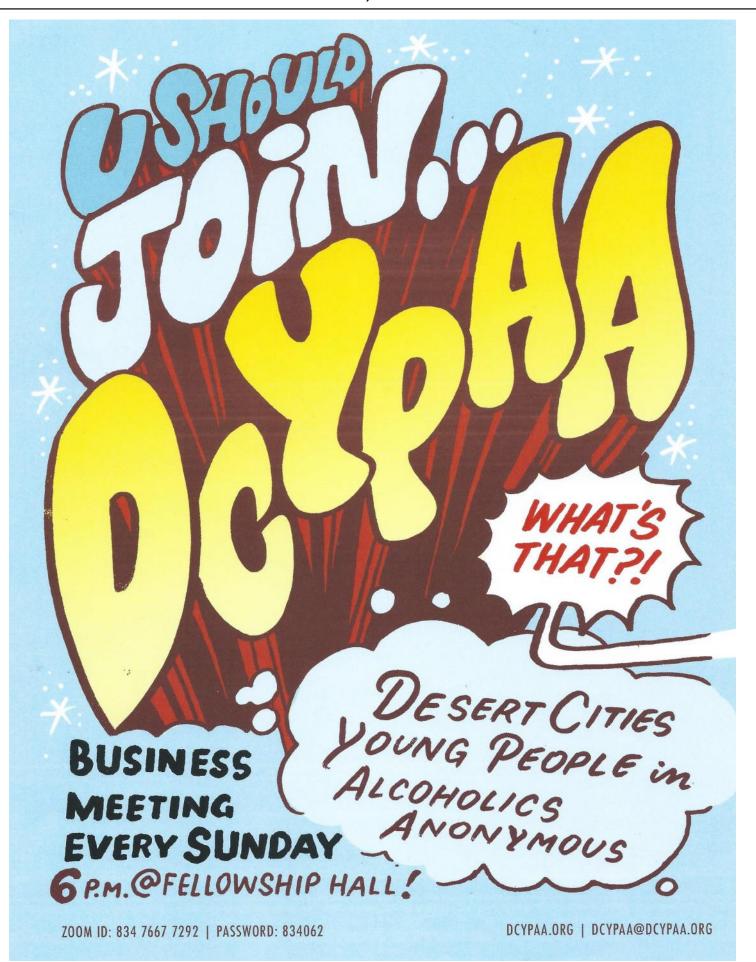


1960...\$ 1.00 1970...\$ 1.00 1980...\$ 1.00 1990...\$ 1.00 2000...\$ 1.00

Acknowledging these economic facts, why not responsibly compensate

# PY DROPPING IN PROPERTY OF THE PROPERTY OF THE

For those who can't afford it, the important thing is to keep coming back.



#### **My First Gratitude Dinner**

I'm Scarlett, and I'm 15 years old and an alcoholic. I've been sober for little over seven months. When they had just begun selling tickets at the meetings I attend, I first learned about the Gratitude Dinner in the rooms. My mother and I both purchased tickets and got baking trays to donate our home-made desserts to the dinner.

We both attended the dinner on November 12. The Gratitude dinner was a fantastic and entertaining event. I anticipated a nice gathering of amazing sober individuals, nice food, and awesome speakers who would give me tales that would inspire me, and I got precisely that!

I performed numerous acts of service at this banquet. I arrived at the event around 1:30 and assisted in wrapping gift baskets before assisting in setting out the silverware. Around 4:30, guests began to arrive, and I began to welcome them. Next, I moved to the ticket table where I assisted guests with entering and depositing their tickets in the basket. After the meal, speakers, and raffle, I assisted with cleanup and delivered all the remaining food to a neighboring homeless shelter, where they were quite appreciative. I was also happy for the opportunity to be of service.

As a young person, I enjoyed both Angelo's and Luther's talks. I love hearing about the promises that have come true in other people's stories because I know that if I keep working the 12 Steps diligently and communicating with my sponsor on a regular basis, someday they will come true for me. Luther, who has 50 years of sobriety, is someone I look up to because I want to be there one day.

I'm so happy to have participated in this year's dinner and am looking forward to working with the committee to develop wonderful events in the future, meet awesome people, and gain more knowledge and experience in sobriety!

#### The Importance of Step Twelve

Freedom from all Unresolved Mental Issues By Rick R.

In chapter 11 in The Big Book (A VISION FOR YOU) it starts off by reminiscing about the early days of an alcoholic's drinking and how it gave us the feeling that life was good, but not so in the later times. It then talks about the hideous four horsemen, Terror, Bewilderment, Frustration, and Despair, and then the next line is: Unhappy drinkers who read this page will understand. When I read that Chapter I knew that I was qualified, as it was the blueprint of my life, up to that moment. What I didn't understand was that drinking was but a symptom of a much deeper-rooted emotional problem and after many years of sobriety, I still had trouble articulating how one caused the other. In the first paragraph of Step Twelve in the Twelve Steps and Twelve Traditions (12&12) it talks about finding emotional sobriety. What emotions are we talking about, that's what I wanted to know? As a child, I had very little supervision and I grew up in a dysfunctional environment. I did a lot of things that I was ashamed of, but I never knew how these things would come back to haunt me later in life. As I started drinking, it immediately relieved me of the guilt and shame, and it even gave me license to continue acting badly as long as I could rationalize and lie about my behavior. The only thing that I hadn't considered was that I couldn't hide from my Conscience, and it plagued me till I couldn't sleep at night without drinking myself into oblivion. I had been a taker all my life. I never got enough of what I thought I needed. I was insecure. I had no selfesteem. No one had any respect for me except for the (want to be) losers like myself. Guilt and shame, brought on by a hundred forms of fear ruled my mind. Not a happy way to live! When they ask me what freedom I cherish the most as the result of practicing the program, most of my fellow members would expect me to say freedom from Alcohol but, they would be mistaken. I would reply that the freedom from all those unresolved mental issues that plagued me to the point that only a drink would quiet my mind. The hope that I experienced the minute I embraced this program, at the level of my innermost self, removed the obsession to drink alcohol and it has never returned. I no longer have any fear of alcohol. Having cleaned up the wreckage of the past by thoroughly taking the steps and ridding myself of the selfish motives, my conscience is clear. My self-esteem is High, and the feeling of wellbeing is my constant companion. I'm so glad that I didn't fall into that category that become complacent and think that I could rest on my laurels (as they say) at any point as I understand the meaning of Step Twelve suggests, Practicing These Principles in all our Affairs. I try always to be an asset and never a liability. I am neither a victim nor perpetrator. I am always willing to make things right as best I can. I can be trusted and relied upon. I feel that I am on the positive side of the ledger. Peace of mind and a quiet heart have been my goal ever since I entered A. A. and I am happy to say that I haven't been disappointed. One of my favorite prayers is: Thank You God; it's everything you promised it would be.

#### **October Volunteers at Central Office**

#### **September Volunteers at Central Office**

Allison S. Amelia F.

Dean B. Dominik L.



Thank You !!

Anna R. Bob B. James F. Jim B. Jody B. John B.

John C. Julie H. Forrest P. Mark L. Morgan S. Nikki J. Sean G. Steven St. L. Vicky P.

\$4.00

\$4.00

### Book of the month

## **Big Book Large Print (Abridged)**

Normally \$5.00 - this month \$4.00

Known as the "Big Book," the basic text of Alcoholics Anonymous has helped millions of people recover from alcoholism since the first edition appeared in 1939.

Chapters describing the A.A. recovery program — the original Twelve Steps — and the personal histories of A.A.'s co-founders remain unchanged since the original, while new stories have been added to the personal histories with each edition.

Fourth Edition (2001).

General Service Conference-approved





#### **Step Twelve**

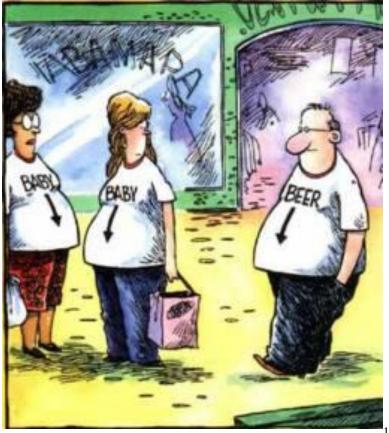
Having had a spiritual awakening as the result of these Steps, we tried to carry this message to alcoholics, and to practice these principles in all our affairs.

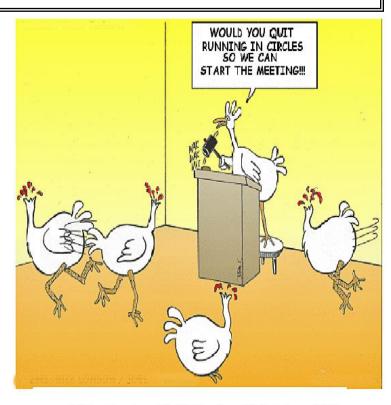
This Step has three parts, and usually we only talk about the middle....carrying the message. The first part, "having had a spiritual experience as the result of these Steps", assumes that we HAVE in fact been working the first eleven Steps of recovery. For those of us who didn't have the "white light" type of spiritual experience that Bill had, it may seem confusing; but rest assured that if you are working the first eleven Steps, you have had a spiritual experience.

"We tried to carry this message to alcoholics" is discussed a lot. With so many treatment centers in business now days, we don't do as much 12th stepping as we used to do. We can carry the message many different ways now, i.e.: sponsorship, H and I, intergroup, call forwarding volunteer, go to meetings, etc.

"Practice these principals in all our affairs" is the big part of Step 12 to me. It's easy to be a good sober alcoholic at an AA meeting, but it's a lot tougher to work the Steps in our daily lives with "earth people". Drinking is but a symptom; our problem is dealing with life on life's terms. By practicing the principles of this program in our daily lives, our whole attitude and outlook on life will change.

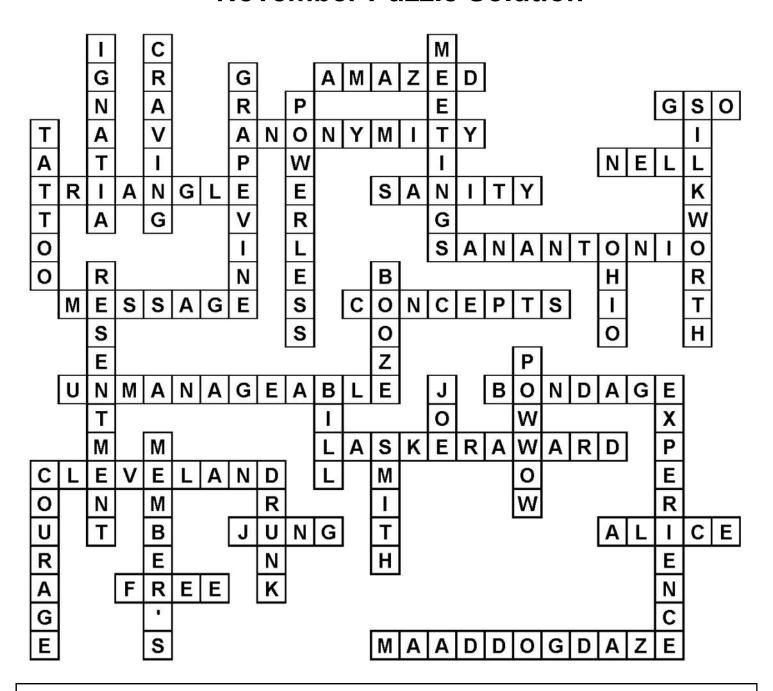
Barney B Speakeasy Big Book Discussion Group, Palm Desert





At The Monday Night Meeting Of Chickens With Their Heads Cut Off Anonymous Meeting

#### **November Puzzle Solution**



Bottoms are such interesting things . . . for some of us, hitting a bottom was when we looked in a mirror and realized that we had never wanted to be what we had become . . . and for others, it was looking in a mirror and wishing that we were on the inside of what appeared to be on the outside.

The good news for me has been that God is able to take me, no matter what I've become, and put people into my life that show me how to take what I was and become a functioning, principled citizen of the world.

Wow!!

#### Do you want to be part of the problem or part of the solution?

Watching Alcoholics coming and going wondering why they just don't get it. Hearing people that have been given the solution saying that "AA has just gotten too watered down" yet the first 164 pgs of the Big Book and the 12 Traditions haven't changed. So the AA program has not changed. What's changed are many of the meetings of AA. We've gone from people who have worked the program sharing their experience, strength and hope, to anyone sharing about whatever they want with little or no regard to the Traditions. We have Secretaries that have little or no knowledge of the Traditions or the importance that they be honored by the group. We have sponsors who are sponsoring yet haven't worked the steps and no real knowledge about the Traditions. On page 164 it states "you cannot transmit something you haven't got". Then there are all those newcomers coming from treatment facilities with no one welcoming them to AA and explaining to them we are not an extension of that facility that they need to start fresh in our program and it's against our Traditions to discuss that facility in our meetings. So some meetings have gone from sharing on the solution to our Alcoholism which is doing the 12 steps as outlined in our Big Book and honoring our Traditions, to group therapy, drunkalogs or worse yet drugalogs. So if you haven't worked the Steps of AA and you are sharing what you've learned in treatment or somewhere else you are not sharing the solution of AA. Why is this happening? How can we be upset if no one is teaching them what they need to know?

There are those of us who were given the Solution to recover by those Old-timers who stressed you have to pass it on to keep it. They didn't sit back in meetings letting newcomers run the show. They believed they were responsible that any where any time someone was reaching out for the hand of AA that AA would be there. They believed that if the Traditions were not honored Alcoholics Anonymous would not survive. They were clear that they had a singleness of purpose and that if you had a problem with Alcohol they had a solution. You were told that only you could decide whether or not you were alcoholic and that you should listen to other alcoholics to see if you could identify. You were told you didn't need to share because you didn't know how to stay sober but they did. You were also told if you wanted help to please talk to someone at the break or after the meeting. Meeting time was to share how they've stayed sober. They were not trying to fit you into AA they let you decide if you fit in AA. Their primary purpose was to help the Alcoholic that still suffers. They cared about that newcomer who came into the room; they wanted them to hear how they could also recover. The Alcoholics who had recovered were not there to see what they could get out of the meeting; they were there to give back.

Rarely have we seen a person fail who has thoroughly followed our path. How are they supposed to follow the path if no one is showing them our path? We can't blame anyone for what is happening to our AA meetings when we are unwilling to stand up for our Traditions. So the next time you are sitting in an AA meeting ask yourself if you are being Responsible for making sure there is a hand of AA reaching out. Remember you can't transmit something you haven't got so if you haven't gotten it you need to get it. Our Twelve Steps promises recovery for those who are willing to follow the clear-cut directions in the Big Book. It's a real shame the newcomer isn't hearing that. The Traditions aren't about protecting the individual they are there to protect AA. So the next time the Traditions are being violated or you are not hearing the AA message what are you going to do for that suffering Alcoholic. Keep in mind the Newcomer that is there looking for the answer is probably sitting quietly in the back of the room listening needing to find hope. Remember you might be their only chance of hearing about that solution found in the Big Book! So when you are sitting there not wanting to say anything to the individual that is breaking the Tradition because you might offend them or when you want to discount the person that is standing up for the Traditions you are offending AA. The Traditions are there to preserve our Unity of singleness of purpose. United we Stand Divided we fall.

Simple ,not easy, a price had to be paid.

Vicki L 10th Step Study, Fellowship Hall, Palm Desert

#### **December Puzzle**

Unscramble the letters to find the appropriate word

srtiboey	
soropns	
llWiB	
eensitmg	
ipuarittsyli	
eryvnoint	
ecnrwmoe	
lioosalcmh	
anield	
nepevagri	
moatyyinn	
lserwpeos	
nmaauanbleeg	

#### **Tradition Twelve**

Anonymity is the spiritual foundation of all our Traditions, ever reminding us to place principles before personalities.

What does anonymity mean to you? To some it's secrecy, to others humility. To me I think about my home group, the 6:00 AM "Sunrise Celebrators" at Fellowship Hall. I've met world famous rock stars, well known TV and movie stars. I've also met the most disenfranchised members of our society - the homeless, the desperate, the penniless and those who suffer from the "grave emotional and mental disorders" that our "big book" talks about. Is one more important than the other? Anonymity teaches me that all deserve my hand to be reached out with Love & Tolerance - our core principles.

The most challenging part of anonymity for me is "right sizing" myself. I'm learning to be a part of a fellowship that demands giving rather than taking.

As a young person in AA I find it difficult to avoid gossip. I believe my maturity and growth as a member of the fellowship hinges on my ability to resist and avoid the destructive force of gossip which leaves people "guilty until proven innocent". I believe gossip is the most destructive thing I've seen in the fellowship.

Anonymity, when respected, will lead me to greater trustworthiness, a feeling of unity with my fellows, and an understanding the every member counts equally, no matter what his or her background.

Nick F SOCALYPAA

#### WHEN GIRLS DRINK TOO MUCH.....

- 1. We have absolutely no idea where our purse is.
- 2. We believe that dancing with our arms overhead and wiggling our butt while yelling "Woo-Hoo!" is truly the sexiest dance move around.
- 3. We suddenly decide that we want to kick someone's butt and honestly believe we can do it, too.
- 4. In our last trip to pee, we realize that we now look more like a homeless hooker than the goddess we were just four hours ago.
- 5. We start crying and telling everyone we see that we love them soooooo much.
- 6. We get extremely excited and jump up and down every time a new song plays because "Oh, my God! I love this song!"
- 7. We've found a deeper spiritual side to the geek sitting next to us.
- 8. So we go home with him.
- 9. We suddenly take up smoking and become really good at it.
- 10. We yell at the bartender, who we believe cheated us by giving us just lemonade, because we can no longer taste the vodka.
- 11. We think we are in bed, but our pillow feels strangely like the kitchen floor.
- 12. We fail to notice that the toilet lid is down when we sit on it.
- 13. We take our shoes off because we believe it's their fault that we're having problems walking straight.
- 14. We lose our shoes.
- 15. We wake up hung-over the next morning and say, "I'm never doing that again."
- 16. We remember that same night what a great time we had and go do it all over again.



#### Central Intergroup of the Desert

Statement of Activity
October 2022

#### **PROFIT AND LOSS**

\$2,654

Net income for October

\$18,477 Income

\$15,823 Expenses

	TOTAL	
	OCT 2022	JUL - OCT, 2022 (YTD)
Revenue		
Contributions - Groups & Individuals	5,765	26,525
Gratitude Dinner	4,022	11,612
Interest Income	0	8
Sales	8,690	35,278
Total Revenue	\$18,477	\$73,423
Cost of Goods Sold		
Cost of Goods Sold	5,497	23,369
POS Inventory Adjustment	(86)	548
Total Cost of Goods Sold	\$5,411	\$23,916
GROSS PROFIT	\$13,066	\$49,507
Expenditures		
Accounting Services	800	3,200
Bank Charges	15	45
Computer Expense	435	1,717
Credit Card Fees	254	1,135
Insurance - Health	473	1,881
Insurance - Liability	278	1,112
Newsletter Expense	107	710
Office Expense	952	3,097
Payroll Expenses	4,513	20,308
Plant Expenditures		908
Rent	1,666	6,564
Storage	218	872
Utilities	701	2,921
Total Expenditures	\$10,412	\$44,471
NET OPERATING REVENUE	\$2,654	\$5,036
NET REVENUE	\$2,654	\$5,036



#### Central Intergroup of the Desert

Budget vs. Actuals: CIO Budget - FY23 P&L July - October, 2022

		TOTAL	
	ACTUAL	BUDGET	OVER BUDGET
Revenue			
Contributions - Conventions		2,000	(2,000)
Contributions - Groups & Individuals	26,525	27,986	(1,462)
Gratitude Dinner	11,612		11,612
Interest Income	8	24	(16)
Sales	35,278	25,262	10,016
Total Revenue	\$73,423	\$55,272	\$18,151
Cost of Goods Sold			
Cost of Goods Sold	23,369	14,376	8,993
POS Inventory Adjustment	548	4	544
Total Cost of Goods Sold	\$23,916	\$14,380	\$9,536
GROSS PROFIT	\$49,507	\$40,892	\$8,615
Expenditures			
Accounting Services	3,200	3,200	0
Bank Charges	45		45
Computer Expense	1,717	1,600	117
Credit Card Fees	1,135	681	454
Education & Training		1,200	(1,200)
Insurance - Health	1,881	1,860	21
Insurance - Liability	1,112	1,117	(5)
Insurance - Worker's Comp		1,053	(1,053)
Newsletter Expense	710	600	110
Office Expense	3,097	3,000	97
Payroll Expenses	20,308	20,308	0
Plant Expenditures	908	800	108
Rent	6,564	6,264	300
State Filing Fees		60	(60)
Storage	872	872	0
Utilities	2,921	2,853	68
Total Expenditures	\$44,471	\$45,468	\$ (997)
NET OPERATING REVENUE	\$5,036	\$ (4,576)	\$9,612
NET REVENUE	\$5,036	\$ (4,576)	\$9,612

#### Desert Lifeline, December 2022

#### Central Intergroup of the Desert

### Contributions - Groups & Individuals October 2022

	1	TOTAL
	OCT 2022	JUL - OCT, 2022 (YTD)
24 Hours a Day		61.50
3rd & 11th Step - SUN Palm Desert		246.00
5th Tradition 7AM Attitude Adjustment Group		765.53
5th Tradition Dinner Meet Desert Hot Springs	50.00	120.00
9am Staying Connected (Zoom)	269.00	1,375.51
Alano Club Palm Springs	100.00	100.00
Alkies Only Bermuda Dunes		371.00
Anonymous Cathedral City		32.00
Anonymous No Group Given	753.82	2,877.72
As Bill Sees It -10AM-M Fel. Hall P.D.		69.00
Attitude Adjustment-M-F P.D. Santa Fe Square		268.00
Attitude Adjustment-M-S , Palm Desert PDCC	420.00	550.00
Birthday Contributions	33.00	182.00
Candlelit High Desert Yucca Valley		17.56
Central Intergroup Cathedral City	16.00	70.80
Coachella Desert Men's Group 670417		200.00
Committee H&I		5.00
Covert IHOP Mon. Mens Stag		50.00
Daily Reprieve-Daily Palm Desert	275.85	1,747.67
DCYPAA All Valley Young People's		105.00
Desert Pow Wow Rancho Mirage		5,000.00
Design for Living 000415788 Group		224.76
Dolls of Valley Palm Desert		85.80
First Things First 350102	101.82	283.32
Great Events Yucca Valley		200.00
Groovy Tuesday Group Palm Desert		60.00
Group '48-MON- Palm Springs		41.00
Happy Hour Book Study Palm Desert		25.00
Happy Hour Group Sunny Dunes	240.00	540.00
Jaywalkers Men's Stag Palm Desert		140.00
Just the Black Print 695550		429.40
La Quinta Library Mon/Wed Noon		93.11
Last Call Group		106.22
Living Sober Group-Joshua Tree		100.00
Motley Crew Zoom		50.00
No Matter What Group		80.00
No Rules La Quinta	1,188.00	1,416.81
Over 50 12&12 Step Study	1,100.00	207.03
Oxy-Moron Group 709592		100.00
Palm Desert 7 AM Attitude Adj. 122976	159.00	712.00
Palm Desert Saturday Speaker's	50.00	200.00
PDCC Zoom	300.00	300.00
Primary Purpose Bermuda Dunes	300.00	210.00

#### Central Intergroup of the Desert

## Contributions - Groups & Individuals October 2022

	1	TOTAL	
	OCT 2022	JUL - OCT, 2022 (YTD)	
Primary Purpose Blythe		100.00	
Road Runners Bermuda Dunes 140038	200.00	200.00	
Round Table Serenity Group		140.10	
Rule 62 THU Noon		150.00	
Rush Hour Group		185.00	
Santa Rosa Big Book Thump Coachella	25.00	292.00	
Santa Rosa Messengers Coachella	199.00	199.00	
Saturday 12 & 12		120.00	
Serenity Seekers Palm Desert	240.00	600.00	
Singleness of Purpose		250.00	
Sisters Under the Skin Palm Springs		75.00	
Sober Divas		75.00	
Sobriety Sisters Palm Desert		21.18	
Spiritual Awakening in A.A.	245.00	508.00	
St. Paul's Tuesday Night Men's Stag		342.00	
Step Sisters Palm Desert		89.25	
Step/Tradition Study Palm Desert		150.00	
Stepping Stones Palm Desert 81054	78.00	168.00	
Sun City Ole Time Big Book Study	63.00	191.25	
Sunday Serenity Group	114.67	366.45	
Sunny Dunes 5th Tradition Group	523.75	945.00	
Sunrise Celebrators Palm Desert	43.65	165.04	
Sunset Group La Quinta Park	46.00	101.68	
The First 164 Pages		446.63	
Twilight Step Study 126569 Palm Desert		118.18	
Unity Day Picnic		200.00	
Vets for Vets Palm Desert		65.00	
We're Not Really Here		45.00	
WED Big Book Coachella		25.00	
Wednesday Night Serenity 600735		50.00	
Women in the Solution 29 Palms	30.00	30.00	
Yerba Santa Round Table Top Discussion		292.00	
TOTAL	\$5,764.56	\$26,524.50	