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<th>Pg/Ch.</th>
<th>Name</th>
<th>Description</th>
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<tbody>
<tr>
<td></td>
<td><strong>Preface</strong></td>
<td><strong>xi</strong> written by Dr. Silkworth</td>
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<td><strong>Preface 2Ed</strong></td>
<td><strong>xv</strong> Bill Wilson &amp; Dr. Bob during a talk between a NY stockbroker &amp; Akron physician (they first met on 5/12/35)</td>
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<td><strong>xvi</strong> Ebby Thacher alcoholic friend in contact with Oxford Group</td>
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<td><strong>xvi</strong> Dr. Silkworth (named) NY specialist in alcoholism</td>
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<td><strong>xvi</strong> Bill Wilson The broker</td>
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<td><strong>xvi</strong> Dr. Bob the Akron physician</td>
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<td><strong>xvii</strong> Bill Dotson AA#3 (sober date was 6/26/35, Bill Wilson &amp; Dr. Bob first visited him on 6/28/35)</td>
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<td><strong>xvii-iii</strong> Dr. Harry Emerson Fosdick (named) noted clergyman</td>
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<td><strong>xviii</strong> Fulton Oursler (named) editor of Liberty</td>
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<td><strong>xviii</strong> John Rockefeller Jr (named) gave dinner</td>
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<td><strong>xviii</strong> Jack Alexander (named) wrote Saturday evening post article</td>
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<td><strong>xx</strong> Traditions all Twelve Traditions mentioned</td>
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<td><strong>recovery rate from 1939-1955</strong> Of alcoholics who came to AA &amp; really tried, 50% got sober at once &amp; remained that way; 25% sobered up after some relapses, and among the remainder, those who stayed on with AA showed improvement</td>
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<td><strong>xxv-xxxii</strong> Dr. William D. Silkworth well known doctor (worked at Towns Hospital, N.Y.C.)patient he regarded as hopeless</td>
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<td><strong>xxvii</strong> 9 years experience Dr. Silkworth had 9 years of experience with alcoholics &amp; drug addicts when he wrote this</td>
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<td><strong>xxvii</strong> Bill Wilson one of the leading contributors of this book</td>
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<td><strong>xxx</strong> Hank Parkhurst man brought in to be treated for chronic alcoholism</td>
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<td><strong>xxx</strong> Fitz Mayo another case, had hid in a barn</td>
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**Bill's Story (Bill Wilson)**

1 *Winchester Cathedral* Bill Wilson has a spiritual experience ("Here I stood on the edge of the abyss into which thousands were falling that very day. A feeling of despair settled down on me - where was He - why did He not come - and suddenly in that moment of darkness, He was there. I felt an all enveloping, comforting, powerful presence. Tears stood in my eyes, and as I looked about, I saw on the faces of others nearby, that they too had glimpsed the great reality.")
Thomas Thetcher
an old tombstone (the name of
the Hampshire Grenadier)
1920's
certain securities then cheap
& rather unpopular
April, 1925
off we roared on a (Harley
Davidson) motorcycle
Ella Goldfoot's
worked on farm for a month
?
remonstrances of friends,
became lone wolf

our sumptuous apartment
Livingston Street, NY
?
Spring 1929 contracted golf

April, 1925
Ekwanok Country Club
the exclusive (golf) course
which had inspired such awe in me as a lad
Penick & Ford
XYZ-32 (stock) (Penick & Ford
is a corn products company, it went from 52 to 32 in 1 day)
Dick Johnson
friend in Montreal (worked at
Greenshields & Co., a brokerage house)
1930
By the following spring
Macy's
wife (Lois) work in dept.

A. Wheeler & F. Winans
1932 formed group to buy -
bender - chance vanished
written sweet promises
Promise followed empty
promise. On October 20, 1928, Bill wrote in the family
Bible, the most sacred place he knew: 'To my beloved wife
that has endured so much, let this stand as evidence of my
pledge to you that I have finished with drink forever.' By
Thanksgiving Day of that year he had written, 'My strength
is renewed a thousandfold in my love for you,' In January
1929, he added, 'To tell you once more that I am finished
with it. I love you.'

None of those promises, however, carried the anguish Bill
expressed in an undated letter to Lois: 'I have failed
again this day. That I should continue to even try to do
right in the grand manner is perhaps a great foolishness.
Righteousness simply does not seem to be in me. Nobody
wishes it more than I. Yet no one flouts it more often.'
Again, he wrote a promise to his wife in the family Bible:
'Finally and for a lifetime, thank God for your love.' The
promise was dated September 3, 1930. Like those that had
preceded it, it was not kept. That was the last of the
Bible promises.

? doctor came with sedative,
ext day drinking gin & sedative
early spring 1934
I was forty pounds under
weight
Dr. L. Strong & Dr. Emily
brother in-law (husband of
sister Dorothy) & mother put him in Towns Hospital
Dr. Silkworth
met kind doctor explained
ill, body & mind
Summer, 1934
After a time I returned to
the hospital
11/11/34
Armistice Day 1934
8-12
Ebby Thacher
old school friend
Shep C, Rowland H, Cebra G
two? (three) men appeared in
court (Shep Cornell, Rowland Hazzard & Cebra Graves)
chartered an airplane January 1929, from Albany N.Y. to newly opened Manchester Vt.

**Fayette Griffith** (Bill's) grandfather

**Winchester Cathedral** (see page 1)

**the Cathedral** Winchester Cathedral (see page 1)

12/11/34 At the hospital I was separated from alcohol for the last time (Bill was admitted to the hospital at 2:38PM and he is 39 years old)

**Ebby & Shep Cornell** schoolmate visited at hosp with friend

**Dr. Silkworth** friend, the doctor

12/14/34 God's impact on Bill is sudden & profound, he calls Silky & describes what just happened, this spiritual experience as THE result of the work he did on pages 13 & 14 were all done when Bill had 3 days of sobriety or less!

**Ebby** friend emphasized

**Bill C.** committed suicide in Bill & Lois's home (a lawyer, stayed with them almost a year, died 1936)

36 years sober, age 75 Bill W., co-founder of AA, died January 24, 1971

There Is A Solution

mostly from Bill's story Here is the fellow who has been puzzling you...

**Rowland Hazard** a certain American Business man - treated by Dr. Carl Jung (1931)

**Freud & Adler** consulted best known American psychiatrists (Freud was sick & Adler was booked up so Rowland ended up working with Jung)

**Dr. Carl Jung** (named) European psychiatrist

**William James** (named) American psychologist who wrote “Varieties of Religious Experience”

More About Alcoholism

? A man of thirty (On page 123 of Richard Peabody's 1931 book “The Common Sense of Drinking”, Peabody briefly mentions an unknown man who gave up drinking until he had made his fortune five years later. Resuming "moderate" drinking, he was soon back in his alcoholic difficulties, losing his money in two or three years and dying of alcoholism a few years after that. This anecdotal account was probably the germ idea for this story)

**Ralph Furlong** a friend we shall call Jim (Ralph is the author of the story "Another Prodigal Son" which only appeared in the first edition of the Big Book)

35-7 ?

37-8 ?

39-43 **Harry B.** Fred

**Dr. Percy Polick** staff member world-renowned hospital (Bellevue Hospital, N.Y.)

We Agnostics
Alfred E. Smith "celebrated American statesman" (four time governor of New York and unsuccessful first Roman Catholic presidential candidate.)

Wright brothers (named) first successful flight 1903

Professor Langley Samuel P. Langley, flying machine landed in Potomac - 1903 project for War Dept.

Wright brothers (named) built a machine that could fly

? people who proved that man could never fly

Fitz Mayo the minister's son

Bill Wilson approached by an alcoholic

How It Works

Into Action

Book of James 2:20,26 Faith without works is dead

? man we know was remarried

Oxford Group member he accepted sum of money from business rival - explained in church

Working With Others

Eskimo running away from drinking to Greenland Ice cap

To Wives

Family Afterward

Henry Ford (named)

? one of the many doctors

Earl Treat one of our friends is a heavy smoker and coffee drinker

To Employers (chapter was written by Hank Parkhurst)

Hank Parkhurst member who spent life in world of big business

? Mr B.

? one of the best salesmen

? man who hung himself

Frank Winans? officer of one of largest banks in America

Bob E. or Rowland H.? an executive of the same bank

Dr. Edward Cowles? Chicago doctor with spinal fluid theory of alcoholics (see http://www.eskimo.com/~burked/history/cowles.html)

Standard Oil New Jersey "if my company" (that Hank Parkhurst worked for)

? vice president of large industrial concern

Honor Dealers Co. I own a little company (an automobile polish distributorship (see page 246 & 248)

Bill Wilson & Jim Burwell two alcoholic employees

Vision For You

Bill's former Higher Power King Alcohol
Four Horsemen (named) Terror, Bewilderment, Frustration, Despair - Revelations 6:2-8 war, famine, pestilence, and death personified the four plagues of mankind.

Bill Wilson one of our number made a journey.

Akron, OH. a certain western city

National Rubber Machinery business (of that trip) involved in proxy fight

Akron, Ohio in a strange place (had to have that one)

Mayflower Hotel paced a hotel lobby

Reverend Walter Tunks clergyman he phoned (Rector of St. Paul's Episcopal Church in Akron)

"the old Episcopal Church" church selected at random

Dr. Bob resident near nadir of alcoholic despair

AMA convention went on a roaring bender (Atlantic City, NJ)

around 6/17/35 He (Dr. Bob) has not had a drink since. (It is generally stated that Dr. Bob's sobriety date and the founding date of AA is 6/10/35, but recent facts around Dr. Bob's last drink indicate that this date is closer to a week or so later.)

Mrs. Hall/Akron City Hosp head nurse of local hospital

Bill Dotson promising, future AA, lawyer

6/26/35 He (Bill Dotson) never drank again.

Ernie Galbraith - Akron devil may care young fellow

Bill Wilson our friend of the hotel lobby incident

Dr. Bob, Bill D, Ernie G leaving behind his first acquaintance, the lawyer and the devil-may-care chap


T.Henry & Clarace Williams One man and his wife

Cleveland, OH. community 30 miles away

Lloyd T, Clarence S, ?Charlie J. (see names from pg.159) has 15 fellows of AA

New York eastern city

Towns Hospital, NYC well known hospital for treatment of alcohol & drugs

Bill Wilson member there 6 years ago

Dr. Silkworth doctor in attendance eastern city NYC

western friends Ohio

New York, Akron/Cleveland our two large centers

Hank Parkhurst AA member living in a large community (Montclair, NJ)

Dr. Howard prominent psychiatrist (of Montclair, NJ/Chief Psychiatrist for the State of NJ)
Dr. Russell Blaisdell chief psychiatrist of a large public hospital (Rockland State Hosp. in NY)

Stories in the third edition of the Big Book
Doctor Bob's Nightmare - Dr. Bob Smith

Sister Ignatia (named) At St. Thomas Hospital, Dr. Bob was well assisted beginning in August 1939 (along with Dr. Bob's office girl Lillian)

St. Johnsbury, VT. I was born (8/8/1879) in a small New England village

Judge & Mrs. Walter Perrin Smith Dr. Bob's father & mother

St. Johnsbury Academy Dr. Bob graduates from high school 1898

Dartmouth College one of the best colleges in the country (in Hanover, N.H., graduated 1902)

Univ. of Michigan entering one of the largest universities in the country (1905)

Rush Medical Univ. another of the leading universities of the country (near Chicago, Ill., received medical degree 1910)

Akron, OH. western city

1912 I opened an office downtown

? local sanitarium

Scylla and Charybdis (named) (mythology: Strait of Messina-big rock with monster (Scylla) one side, whirlpool (Charybdis) on other. Odysseus managed to navigate through) translated: "between a rock & a hard place"

1/16/19 - 12/5/33 Eighteenth Amendment (Prohibition)

? hide out in one of the clubs

? registering at a hotel

Anne Smith my wife (Anne & Dr. Bob went out together for 17 years before they were married)

Wallace Beery/Tugboat Annie (named) play or movie involving a drinking man

Oxford Group crowd of people - their poise, health and happiness (Dr. Bob got involved with the O.G. in 1933 & separated himself from them Nov. or Dec. 1939)

Henrietta Sieberling a lady called up my wife

5/12/35 We entered her house at exactly five o'clock

AMA Convention meeting of a nat'l. society (in Atlantic City, NJ; June 10-12, Mon-Wed, 1935)

nurse Lily/Cuyahoga Falls I woke up at a friend's house, town near home

Bill Wilson my newly made friend

Bill Wilson meet a friend of hers

11/16/50 Dr. Bob died on 11/16/50, he was 55 years old, he had 20 years sober

Alcoholics Anonymous Number Three - Bill Dotson, Akron

Henrietta wife

Akron Law School (named)

Kenmore/Akron, Ohio (named)

? couple of hired hands

? Ohio State Univ our state university
Prohibition (named, see page 175)

Akron City Hosp. 1935, hospitalized 8 times

Bill W & Dr. Bob S wife talked to a couple fellows

Bill W & Dr. Bob S (named)

Bill D, Bill W & Dr Bob (all named in editors note)

Akron City Hosp. (named in editors note)

Mrs. Hall nurse on the receiving ward

? I was deacon in the church

Henrietta (named) wife

AA's Number One Group (named)

Cigarettes, poker & horses (named)

attorney in Akron my business

He Had to Be Shown - Dick S, Akron (rewrite of "Car Smasher" in the 1st edition)

? my father was an alcoholic

Moscow, little town (named)

? married at 19 to a grand girl

Cuyahoga Falls (named)

? well-known road house outside of Akron

Scranton & Cleveland (named) had lived in both

Dr. Bob (named)

Cleveland (named) blackout drinking story

Max R (named) went to get a job driving one of his trucks

? run into a man I had always drank with. I didn't know his name then nor do I know it now.

? living at my sister's

202-4 Christian Science (named)

beak experiment (named)

Firestone (named) working at

? folks with whom I roomed

Dr. Bob / Dr. S called a doctor, one I knew

St. Thomas sent me to hospital

Sister Ignatia (named)

Paul S. my brother, associated with group, had stopped drinking

? my sister ("some of the people _he_ was meeting")

Paul S., Dr. Bob (named) my brother & Dr. Bob talking to me about not drinking

Paul (S., brother) (named) dispached to get me a pint

paraldehyde (named) taken five and half ounces

St. Thomas awoke in hospital

Bill D (named) offered drink -smartest man I'd met in months

Joe (?D.) (named) walked 3 miles through snow to talk to him

? only 7-8 people in group before me

He Thought He Could Drink Like a Gentleman - Al G (a.k.a. Abby), Cleveland

Cleveland OH (named) born in

? my mother

? 4 brothers, 3 sisters
job as a toolmaker apprentice - moved into drafting dept.

Cleveland (named)

worked for several large companies

teacher at technical high school

school got him job at another company

night school

Case School (named)

offered pretty good job

litigation over inventions & patents

sent me to law school

patent law (named) my profession

work for patent law firm

on behalf of clients

married when I was 28

worked in too

firm made me junior partner

joined certain clubs, societies and so forth

New York, Philadelphia, Boston (named)

Catholic (named) training in my youth

two partners

my wife

my children

first approached about Akron Group

wife's hairdresser

brother in law of hairdresser

some doctor in Akron

(?wife Grace)

Clarence Snyder (named), & sister in law the hairdresser

Clarence, hairdresser

Bill Wilson (named)

Gethsemane (named) (scene of "agony & betrayal of Christ")

Dr. Bob (named)

Dorothy S (named) (Clarence's wife)

City Hospital (named) (Akron)

Dr. Scuderi the interne

paraldehyde glassful of bleached lightening

Dr. Bob (named)

barbiturates (named) routinely took in mornings last 3 years

Dr. Bob (named) didn't lay out whole program

every member of Akron Group visited

(April 17 1939 entered hosp) left on Wednesday afternoon

T.Henry&Clarace Williams house where encounter first meeting

Oxford Groupers (named)

28 to 30 fellows came to see

Doc dwelt on idea of illness

Cleveland group first met end of may 1939 in 'my' home (Clarence S., Al G., George McD., John D., Dr. Harry N., Lee L., Phillips, Chas J. and Lloyd T. attended)

dissolve the partnership I was in
another well known patent law firm
my oldest child

I enrolled at the university

Women Suffer Too - Marty Mann, NYC

"Dorothy" (named) (came out of blackout
talking to)
Rita (named) (last person remembered
before blackout)
New York, 42nd St (named) (where she drank with Rita)
"Dorothy" (named)
Brooklyn (named) (where found herself with
Dorothy)

my sister
Willie Seabrook (named) name she tried to find in
phone book
"Asylum" (named) he had written about

landed in a hospital

my family
best boarding and finishing schools
in Europe
Scott Fitzgerald & John Held (named)

my husband

went abroad to live

had my own business

Blythewood Sanitarium entered a sanitarium (in Greenwich,

Dr. Harry Tiebout my doctor
book Alcoholics Anonymous (named) my doctor gave me to
read (a multilith copy)

went to a meeting of this group of

freaks or bums

182 Clinton St a house in Brooklyn

The European Drinker - Joe D, Akron

Europe-Alsace (named) born in
Switzerland

Franciscan school at Basle

apprenticed to harness making &
upholstering

Boxer Rebellion/China (named) (Chinese revolt 1899-1900)
growing industrial city in the
middle west

joined German singing society

founded mattress factory

my priest

advertized cures for the liquor
habit

Dr. Bob alcoholic who was a doctor
came to see me

not more that 4 or five members

third man who came to see me

"Love thy neighbor as thyself"

sent me to tell another alcoholic

my experience
The Vicious Cycle - Jimmy B, NY

238 Philadelphia, Wash.D.C. (named)
238 ? my new wife
238 ? loss of another job
238 ? my mother's doorstep
238-9 Jackie (named) 12th Stepped him
238-9 Fitz (M) (named) old school friend of mine
239 ? been in same laughing academies
239 AA group of fellows in New York
239 AA (named) this "understanding fellowship"

240 Baltimore (named) my early life spent in
240 ? my father, physician and grain merchant
240 ? both of my brotheres later became alcoholic (1 died)

240 ? Protestant boarding school in Virginia
241 ? entered the University
242 in France (named) Bar Le Duc
242 Baltimore (named)
242 ? new national finance company
242 ? next job, sales promotion for oil company
242-3 Hank P (named) big shot who fired me, met again in AA

243 Baltimore (named)
243 ? mother
243 ? first wife said permanent Goodbye
243 ? sales job with national tire company

243 ? president of tire company (No Drinking at Convention)

244 thirties. Depression (named)
245 Hank P (named) man who fired me 11 years ago in Mississippi
245 Bill W (named)
245 Jackie named
246 jail places matches are prohibited
246 Bill & Hank (named)
246 Honor Dealers Co (named) small automotobile polish company
246 ? NY composed of about 12 men
246 182 Clinton St Bill's house in Brooklyn
247 ? 2 customers took to lunch
247 Hank P (named) fired him (again)
248 June 16, 1938 (named) his sobriety date
248 Big Book (named) our big AA book
248 12 Steps had a definite formula
248 (he inspired) God, as we understand him
249 Philadelphia (named) brand new group
249 ? only 12 Step call on woman, married her
250 ? served only one committee
250 San Diego, CA now live in the West

The News Hawk - Jim S, Akron
settled in large city (England)

New York (named) sailed for

Tom Sharkey's bar (named) "brawling bar on 14th Street"

Pittsburgh (named)

? job in large factory

? job on small newspaper

? Pittsburg daily, defunct now

Liverpool (named)

Australia (named) where born, visit my people

Lusitania (named) (luxury cruise ship, sunk in WWI)

Tom Sharkey's bar (named)

Chicago, Omaha, Ohio (named)

? landed job on small newspaper

YMCA the local "Y"

? joined Canadian regiment, served 2 years

Quebec, Toronto, Buffalo, Pittsburg scenes of drunks upon release

Pittsburgh daily paper

? my wife came over from Scotland

? Akron started housekeeping in large Ohio town

Washington DC (named)

? news gathering agency

Pittsburg returned to town left 3 mo.s before

? editor of monthly magazine

? advert. manager eastern automotive company

Philadelphia (named)

? listened to famous ministers

? last venture a book shop

Houston (named)

? large bookstore

Federal Theatre in Texas (named)

Federal Writers in San Antonio (named)

? a friend, mounted guard and put me on bus

? Akron town left 5 years before

? called to the hospital

? former partner (12 stepped from hosp bed)

? stranger came into my shop

? AA about a bunch of some 60 former drinkers and drunkards

Dr. Bob the doctor I had heard about

Chicago (named) (where friend in hosp was from)

? got me into a hospital

(possibilities might include Earl T., Dick R., Ken A., Luke, Sam, Sadie, Sylvia K., Bill Y., Chan F., Jack G.)

?Wednesday left hosp on a meeting night
taken home by former alcoholic and his wife
Upper Room read Bible daily and go over simple devotional "fleshpots of Egypt"

From Farm to City - Ethel M., Akron

AA's first Group (named) (Akron)
?
Liberty, Indiana (named) where aunt lived
Ethel (named) (name of author, Ethel M)

? (aunt warns) he drinks too much...I married him
Russ (?Rollo M or ?Rosco M)
Cincinnati (named) where he went off on a week drunk
Ravenna (named) (small town east of Akron)
? children got a card from their father

Dr. Bob (named)
?
New son in law
Charleston, W.Virg. (named)
Bellaire, OH (named) picked up for drunk driving there

Wheeling (named)
Akron (named)
? religious family lived down the road
AA (named)
John D. (named) (Rockefeller dinner Feb 8, 1940) 1940 piece in the paper about alcoholic business they're talking about
?
woman behind the bar
Jack M. (named) owner of the bar (referred to)
Akron (named) where Jack went to quit drinking
Dr. Bob doctor here in Akron
Florida (named)
?BillD./Jimmy B. an attorney sat on the side of the bed
Saturday Post/Jack Alexander (named) Jack gave it to her to read

Sermon on the Mount (named)
Akron every Wednesday meeting Jack told her about
Big Book she had one
Paul S.-Akron (named) stressed reading Big Book
Jim G (named) told her to put Big Book away, then start on stories
Jack M (named)
Ohio Edison Building (named) Jack M met there to take to meeting
Klu Klux Klan (named) (afraid AA might be like)
King School (named) location of first meeting
Miriam & Annabelle (named) (wives of _ & Wally)

AnnabelleG. took under her wing

?Ernie G-Akron young fellow led the meeting
?Sue talked about his wife

Lord's Prayer (named) closed meeting with
Russ (named)

King School (named) had attended Wed. night

meeting there 3 1/2 years

Dr.Bob & wife Anne Doc and Anne
Dr.Bob (named) enjoyed coming to
their house in country

slips (named) story of first she knew of

Jack M

? his wife dragged him to Russ
?
two women in St. Thomas Hosp

Hilda S (named) invited her to Sunday
dinner after 'Russ' buried

Doc & Anne (named) would be at that dinner
old timers (named)
Anne S. miss Annie's advice
Alice (named) one of the men's wife

Man Who Mastered Fear - Archie T., Akron then Detroit
(originally published in 1st edition as "The Fearful One", re written for 2nd ed.)

Detroit (named) started AA there