A publication of the Central Intergroup Office of the Desert serving the Coachella Valley.

Central Intergroup Office of the Desert 35-325 Date Palm Drive Suite 107 Cathedral City, CA 92234 the

Open 9 a.m. to 8 p.m., Mon.- Fri. 10 a.m. to 2 p.m., Sat. & Sun.

760.324.4880 760.324.4851 Web site: www.AAintheDesert.org

manager@aainthedesert.org chairman@aainthedesert.org

Intergroup Meeting 1st Thursday of the month, 7 p.m.

Board of Directors Meeting 3rd Thursday of the month, 6:30 p.m.

General Service, District 9 3rd Sunday of the month, 4PM

Now Meeting at Central Office 35325 Date Palm Dr. Suite 107 Cathedral City, CA 92234

Zoom Meeting I.D. 928 8170 4093 Password: 642408 Mailing Address: P O Box 3684 Palm Desert, CA 92261-3684

Hospitals & Institutions 2nd Wednesday of the month, 5:30 p.m. Fellowship Hall 45940 Portola Ave. Palm Desert Mailing Address: PO Box 1843 Palm Desert, CA 92261 www.coachellavalleyhandi.org

Mid-Southern California Area (MSCA) PO Box, 51446, Irvine CA 92619-1446 Web site: www.msca09aa.org

General Service Office New York Contribution Mailing address Post Office Box 2407 James A Farley Station New York, NY 10116-2407 Web site: www.aa.org

DCYPAA Every Sunday 6:00 P.M. Fellowship Hall 45940 Portola Ave. Palm Desert Email: webmaster@dcypaa.com

General Service, District 30 3rd Sunday of the month, 2:00 PM Yucca Valley Alano Club 57637 Yucca Trail Yucca Valley, CA 92284 Mailing Address: P O Box 1692 Yucca Valley, CA 92286-1692

Step

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Tradition

Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

Concept

Throughout our structure, a Traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.



May 2025

Principle Five

Integrity - the state or character of being true; living in honesty; being truthful.

Desert Lifeline, May 2025				
March Office Stati	stics	Central Intergroup Office of the Desert <u>Board of Directors</u>		
Meeting Info 12 Step Calls	29 2	Chairman: Alyssa C. Vice Chairman: Bruce K. Treasurer: Kathy F.		
Visitors Literature Sales	42 284	Secretary: Alan G. Directors		
Al-Anon	0	Bill T. David H. Nancy L.		
Other 12 Step	1	Amelia F. Ginny P.		
Miscellaneous	29	Alex K.		
Business Zoom Attendance	2 107	Office Manager: David M. Desert Lifeline editing: Bill T.		

Letters to the Editor or Articles for the Desert Lifeline

must be received by the 15th of the month for consideration of publication in the following month's issue.

Please submit your material for *The Desert Lifeline* to: Central Intergroup Office of the Desert 35-325 Date Palm Drive, Suite 107 Cathedral City, CA 92234. or E-mail: manager@AAinthedesert.org

March 202	5		
Louis2 yr.Falipi2 yr.Darrel3 yr.Ray5 yr.Abdul9 yr.Zenny26 yr.Chad26 yr.	Happy Birthday	Paul Eddie R. Daniel M. Tony C. Bruce D.	27 yr. 35 yr. 37 yr. 42.yr. 60 yr.

We thank all of the birthday celebrants for their contributions to the Central Office Birthday Club.

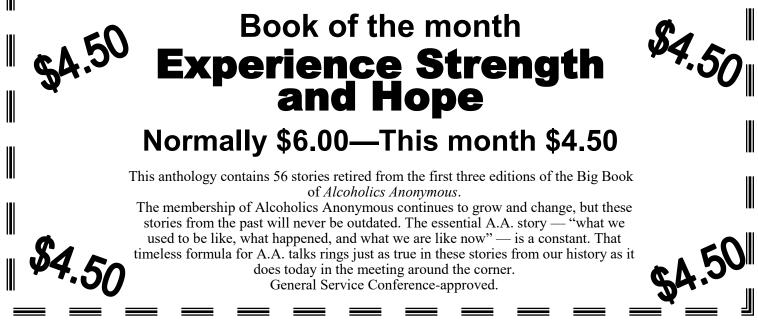
How it (Really) Works

What Principles?

By Rick R.

When I first heard the term "*practice these principles in all our affairs*", in Step Twelve, I was waiting for someone to hand me a list of the principles, but it never happened the way I thought it would. I then thought that *the Steps* were what they were referring to when they spoke of *these principles*, but that never settled into my satisfaction either. Someone once suggested that the Saint Francis Prayer, being in Step Eleven may be the principles they were pointing out in Step 12; Close, but no cigar. I've never heard a clear, definite answer to this personal dilemma, but it never stopped me from searching for a clear understanding of what "these *principles*" are. After hearing thousands of members sharing on hundreds of topics in Alcoholics Anonymous (A.A.) meetings for many years, and reading the Big Book, (Alcoholics Anonymous) and the 12&12, (Twelve Steps and Twelve Traditions) innumerable times, a slow but sure picture started to come in to focus. I realized that the 12 Steps were just the framework for a miraculous set of values that would set me free from all the doubts, fears, guilt, shame, and all the other negative emotions that cause all that mental chaos of Alcoholism.

Tradition Two in the 12&12, Bill talks about his dilemma when someone suggested he go professional with the A.A. recovery program and the group advised against it. The principle of ethics caused him to go against his natural instincts. The Golden Rule is a principle that could have been incorporated into the steps, and who could have argued with the virtue of that, if it weren't crossing the line that the Oxford Group had mistakenly crossed which may have been their undoing. Today I live by The Golden Rule even though I have never seen it suggested in A.A. literature. The principles that we adopt in A.A. meetings are sprinkled throughout the Big Book and the 12&12, and there are far more than 12 of them. We assimilate them into our understanding sometimes without even being aware of it. On page 112 in the 12&12 for example, it asks "Can we bring the same spirit of love and tolerance into our sometimes-deranged family lives that we bring to our A.A. group"? This implies that love and tolerance is a principle or a mindset that we should practice in and outside the rooms of A.A. The program is made up of many principles that we learned long before we came into the program. Our problem was largely due to our inability to live by those principles. Our EGOs made the rules. Today, my Conscience outweighs my EGO. My unselfishness outweighs my greed. My compassion outweighs my resentments.... Today most everything I do is opposite to what It was Before A.A. and I have learned to find a principle that applies to every shortcoming that had plagued me in the past and I have learned to live by them. It takes all the guess work out of my decision making. The common denominator in all these principles that I value today is that they are all unselfish in nature. They are also common in all meaningful philosophies of life, and not exclusive to A.A. I no longer need to create my own version of these principles they are opposite to all my negative principles of the past. A noted writer once said, "When a person lives by principles, 99 percent of their decisions are already made for them." Today, I live by the dictates of my Conscience. Take that Mr. EGO.



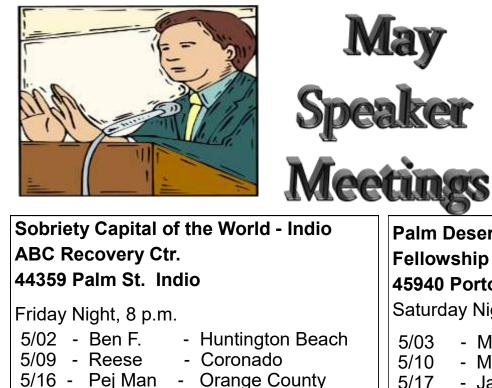


ACROSS

- 3 discovery that spiritual _____would solve all my problems.
- 5 never tell him what he____do about his drinking
- 7 to face the fact that we_____find a spiritual basis of life
- 10 the sunset, the sea, or a _____
- 12 strength, inspiration, and _____ from HIm who has all knowledge and power.
- 14 After _____ our review we ask God's
- 16 we were____, at certain times, to bring into our consciouosness
- 17 new attitude toward liquor has been given us without any thought or _____on our part.
- 18 Both saw that they ____keep spirituality active.

DOWN

- 1 completed the course, I _____ the law was not for me.
- 2 He will _____for the end.
- 4 to the contrary, we have _____from a seemingly hopeless state of mind and body
- 6 drinking only at parties, _____from scotch to brandy
- 7 kindness and that of my____I was placed in a nationally known hospital
- 8 is that he trust in God and ____house.
- 9 Another _____we observe carefully is that we do not relate intimate experiences
- 11 But for the _____ of God, there would have been thousands
- 13 Then he had, in _____, been raised from the dead
- 15 I know I get along without liquor

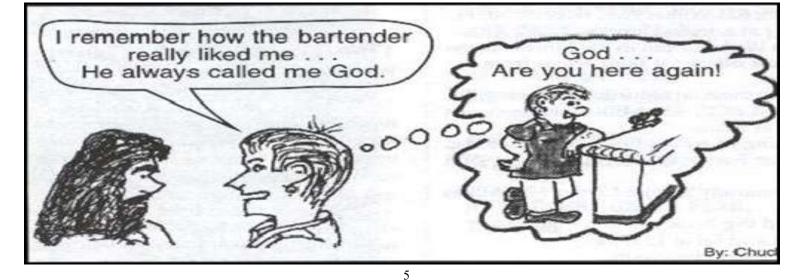


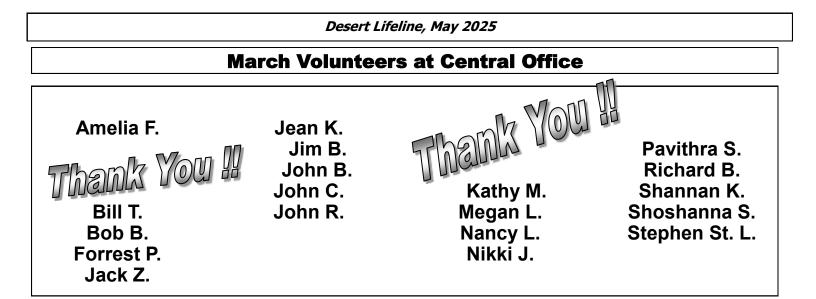


Sobriety Capital of the World - Indio ABC Recovery Ctr. 44359 Palm St. Indio	Palm Desert Group - Fellowship Hall, 45940 Portola Ave. Palm Desert	
Friday Night, 8 p.m.	Saturday Night, 8:00 p.m.	
5/02 - Ben F Huntington Beach 5/09 - Reese - Coronado 5/16 - Pej Man - Orange County 5/23 - Patrick S Costa Mesa 5/30 - Wyatt F Laguna Nigel	5/03- Misty R Palm Desert5/10- Mickey B Palm Desert5/17- Janice M Carlsbad5/24- Linda L Westchester5/31- Anthony C Los Angeles	
Hi-Desert Speakers -	Alano Club of the Desert -	
YV Alano Club	463 W Dominguez Rd	
57637 Yucca Trail, Yucca Valley	Palm Springs	
Saturday Night, 7:00 p.m.	Saturday Night, 7:00 p.m.	
5/03 - Mitch - 29 Palms 5/10 - Lonnie N. jr Morongo Valley 5/17 - Dezaray R Yucca Valley 5/24 - Laurence T Desert Hot Springs	5/03 Nick G San Francisco 5/10 Michael C Desert Hot Springs 5/17 Bevens - Aspen Co. 5/24 Allen F Palm Desert	

- 5/24 Laurence T. Desert Hot Springs
- 5/31 Birthday Night

- - rings
- 5/31 Raul P.
 - Coachella





Tradition Five

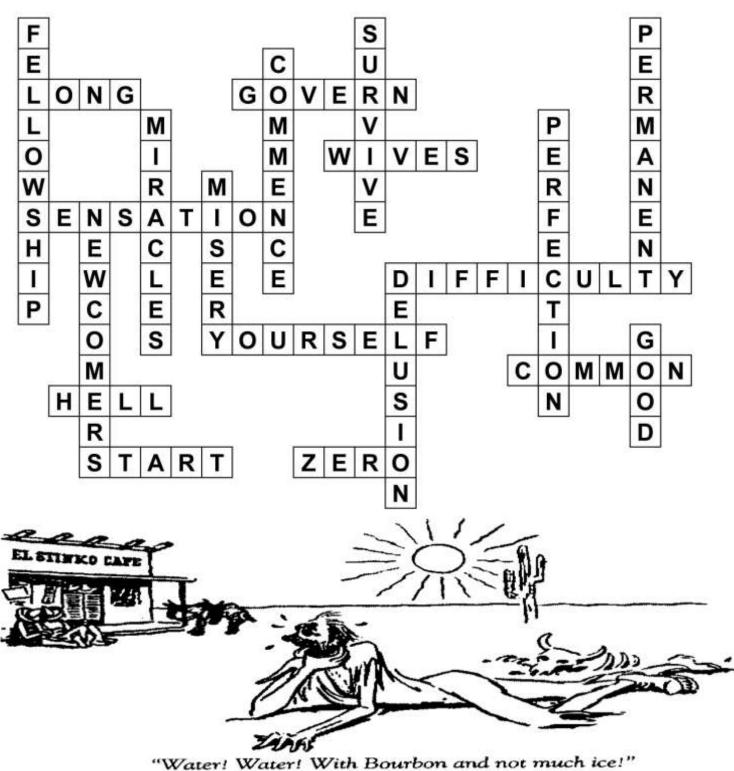
Each group has but one primary purpose—to carry Its message to the alcoholic who still suffers.

Our Primary purpose is to carry the message to the alcoholic who is still suffering. We have all been there in the grips of alcoholism. Thankfully to a power greater than ourselves so many of us in the rooms of Alcoholics Anonymous today are sober. What greater reward is there than to practice that primary purpose which has been given to us so freely. When I was a newcomer and people tried to help me I felt like such a burden on them. Now having the ability to help another I see how wrong I was. To be able to help someone else still suffering is the greatest gift. First of all for once I'm not thinking about myself. Secondly I get reminded of where I came from and where picking up a drink again will take me back to. Thirdly I get to fulfil the promise I gave my sponsor when she told me she would take me through these steps. Her only condition was once she had shown me I had to share it with someone else. There are hundreds of more reasons why this tradition is rewarding for me and still thousands more reasons why it is rewarding to other alcoholics.

Groups practicing this principle when I was the alcoholic who was still suffering is the reason I am sober today. Even when I have had times of suffering in sobriety with the many challenges that have to do with life, groups have been there to carry this message and way of life to me. Alcoholics Anonymous groups "... meet frequently so that newcomers may find the fellowship they seek" (pg15). For me it was such a lonely world out there with the bottle and my thoughts. Coming into Alcoholics Anonymous and having people reach there hands out to me made me feel welcomed and comfortable. I am thankful that this tradition is in place and being practiced and I pray more people out there get the chance to experience this way of life.

Katie B. 559 Attitude Adjustment, Palm Springs

April Puzzle Solution



I did my drinking In the backyards, bars On the beaches & boulevards Of San Diego County.

I did my time for that pouting

In the San Diego County Jail.

My recovery started In the church rooms, clubs, In the Fellowship halls & hubs Of Alcoholics Anonymous. Dallas Ann E. Sunrise Celebrators, Fellowship Hall, Palm Desert



Discounted room rates @\$129 Until 8/09/25 to book: Call 844-543-9184 use code MD2 DoubleTree by Hilton Resort - 67967 Vista Chino, Cathedral City, CA 92234

Weekend Events:

SPEAKER MEETINGS, MARATHON MEETINGS, POOL PARTY, KARAOKE, DJ DANCE PARTY, *GOLF TOURNAMENT, YOGA, GUIDED MEDITATIONS, GAMES, RAFFLE PRIZES, 50/50, MONEY TREE, AND MORE! *INDICATES TICKETED EVENT



scan or visit maaddogdaze.org



51st Annual 9th District Convention

- You must be registered to attend ticketed events
- To sit together, you must register on-line or mail in requests together
- If registration is not received by 8/15 you may register on-site on 9/05



REGIST	RATION INFO	05/3:0
ONLINE	Scan To Register On-line	
$\mathcal{T}_{\overline{\mathbf{T}}}$	or visit maaddogdaze.org	
~	 Pre-Registration \$30 Recovery Home \$15 	
ON-SITE	On Site Registration \$35 Op	pen 12pm 9/05

BY MAIL Make checks payable to: Ninth District Convention PO Box 4383 Palm Desert, CA 92261

GUEST INFORMATION	ITEM	QTY	PRICE	TOTAL
Name			\$30 \$25	
Street Address	꼬리가 물건에 여행해야 할 것 같아요. 그는			
City	_ Saturday Golf Tournament + Lunch _		\$100	
State, Zip	_ Saturday Buffet Lunch _		\$45	
Phone	_ Saturday Night AA Plated Banquet _		\$70	
Email	_ Sat. Dinner Choice: Beef DChic	ken 🗆	/egan/V	egetarian
Name Tag To Read	_ Saturday Night Ice Cream Social _		\$8	
Group and City				
DAA DAI-Anon DGuest	Newcomer Donation		\$	
Pre-Reg Unisex Shirt Size: DXS DS DM DL		т	OTAL \$	
GUEST INFORMATION	ITEM	QTY	PRICE	TOTAL
Name	_ Pre-Registration _	2	\$30	
	_ Pre-Registration T-Shirt _		\$25	
Street Address	_ Friday Night Ice Cream Social _		\$8	
City	_ Saturday Golf Tournament + Lunch _		\$100	
State, Zip	_ Saturday Buffet Lunch _		\$45	
Phone	_ Saturday Night AA Plated Banquet _		\$70	
Email	_ Sat. Dinner Choice: Beef DChic	ken 🗖	/egan/V	egetarian
Name Tag To Read	_ Saturday Night Ice Cream Social _		\$8	
Group and City			10 million (1997)	
DAA DAI-Anon DGuest	Newcomer Donation		\$	
Pre-Reg Unisex Shirt Size: DXS DS DM DL	DXL DXXL	т	OTAL \$	

Make checks payable to: Ninth District Convention PO Box 4383 Palm Desert, CA 92261

Step Five

Admitted to God, to ourselves, and to another human being the exact nature of our wrongs.

Step five is the ego deflation step, the one step that is most necessary to longtime sobriety and piece of mind (paraphrased from the 12x12).

I can remember my first 5th step; yes I've done more then one. During my 11th month of sobriety I started doing Step 4 with my sponsor, he directed me through the big book and its column format. I didn't want to do my side of the ledger. I saw everyone else at fault but me.

I didn't understand how I could be part of the problem. Was I not taken for granted by my family and my employer? What was the big deal if I came home late after a night out with the boys? What about all the abuse I had as a child? What about all those teachers who somehow always found a way to give me a low grade? Or those employers who found fault with my work and let me go?

Could all those resentments really lead me to drink? Was it not a rite of passage for a young man to get drunk every now and then? In my mind as long as I was not hurting anyone drinking was a privilege I earned.

But as it was explained to me I had a part in every one of those resentments. In fact I came to understand during the preparation for my 5th Step that I was the primary cause of all my problems, even as a young boy. After admitting to these facts, I was now ready to divulge all my deep dark secrets. I was tired of hanging on to my past, I wanted what the old timers had, and I was told that I would have to do a complete and honest Step Five.

In the beginning of the process of putting all my resentment to pen and paper I was scared; did I really want someone else to know who I was? Could I tell my sponsor how I treated my family, the lying, the cheating and the abuse I put my wife and children through? I really did not want to do this, but I was convinced that this was the only way I was going to stay sober.

A few months passed and the date was set for my "Confession". I went to my sponsor's home. He greeted me at the door and led me to his living room. It was dark except for the light from one large candle. It was suggested we pray first, so we said the Lord's Prayer. My sponsor began the session by starting to tell me a little bit about his 5th Step.

After about 5 minutes I realized I was not so bad. While my past was not glorious, I had "yet" to reach the kind of life my sponsor endured during his drinking days. All of a sudden I felt I could reveal my past indiscretions knowing that I was just another drunk working my way through Step Five. After an hour we were finished, I left but I was feeling a bit uncomfortable. Something did not seem right to me.

Joel B Rebel Group, Fellowship Hall, Palm Desert

> A drunk goes in a bar and asks for a shot of Jim Beam. The bartender pours it and the drunk pushes it aside and asks for another shot of Jim Beam. The bartender pours it and the drunk drinks it. The bartender says, "I watched what you did and I don't understand why you pushed the first one away and drank the second one!" The drunk stated," I've been going to those AA Meetings, and they said WHATEVER YOU DO, DON'T TAKE THAT FIRST DRINK!!!".

Concept Five

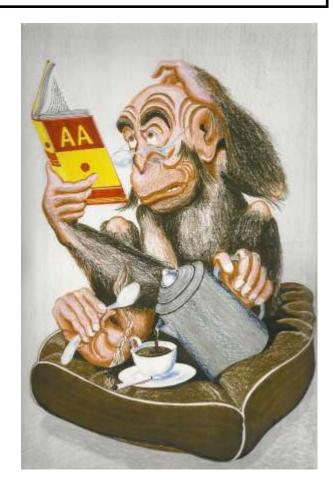
Throughout our structure, a traditional "Right of Appeal" ought to prevail, so that minority opinion will be heard and personal grievances receive careful consideration.

The Business Meeting, usually held by each individual autonomous group, is where the "Right of Appeal" most often comes into effect. Issues such as service position elections, the use of the money received in the 7th tradition, meeting format, etc. are decided on by a vote, or group conscience. However, the business meeting is not the only place where grievances can be heard and considered. Often times, members of a certain group will bring topics of discussion up during the announcements portion of the meeting concerning meeting structure and other issues. Each individual in a particular group is entitled to his or her personal opinion. Someone who thinks a meeting is too short to need a break, for instance, is encouraged to voice their grievance so that the group can bring the issue to a vote and a proper decision can be made at a group level. Without the 5th concept, certain AA members might feel excluded or passed over. It is important that each sober member of Alcoholics Anonymous has their say so that AA can truly be "home" to everyone.

Kenny M. DCYPAA

The drunken monkey hypothesis proposes that human attraction to ethanol may have a genetic basis due to the high dependence of the primate ancestor of Homo sapiens on fruit as a food source. Ethanol naturally occurs in ripe and overripe fruit and consequently early primates developed a genetically based attraction to the substance.

This hypothesis was originally proposed by Dr. Robert Dudley of the University of California at Berkeley and was the subject of a symposium at the meeting of the Society for Integrative and Comparative Biology. Dudley believes that while most addictive substances have a relatively short history of use, ethanol attraction may have a long evolutionarily based history. He believes that fruit ethanol may have been a significant source of energy and that the smell of the ripening fruit would help primates locate it. Ethanol is a relatively light molecule and diffuses rapidly in a natural environment. Primates are known to have a higher olfactory sensitivity to alcohol than other mammals. The once-beneficial attraction to ethanol may underlie human tendencies for alcohol use and alcohol abuse. WIKIPE-DIA



Ŧ	ALTERNAT		S WORDS
MIFFED	EXASPERATED	I'M NO	T HAVING IT
SHUCKS RATS GOSH SHIZZLE TOOT CRAPOLA TURD SHEESH FLIPPIN PHODEY TICKED HECK SHOOT JEEPERS GEEZ CRUD DAG DANG DANG DARN DARNIT BLEEP * BOOGER	GOOD GRAVY GOOD GRIEF GADZOOKS JACKWAGON * BULL SNOT FIDDLE FADDLE FIDDLE FADDLE FIDDLESTICKS CRUD MUFFIN COTTON PICKIN' MALARKEY MYLANTA WHAT THE HEY BUCKET HEAD SHUCKY DARN DAD BURNIT DAD BURNIT CONFOUND IT DOGGONNIT DAD BLAME IT DAD BLAME IT DAD BLAST IT	GREAT CAES GEEZE LOUIS MOTHER FRA JUDAS PRIES SHUT YOUR KISS MY GRI HEAVENS TO BOLSHEVIK WHAT THE D RASA-FRASS JUMPIN JEHN BOOGER SNO FARTKNOCKI MOTHER-OF BULL TWINK GEE WILLIKE	ANCIS ST PIEHOLE * TS DETSY WHAT? NOLE NOLE
SNOT WING NUT	SON-OF-A	HORSE	FOR
NERTS CRIMENY CRIPES CREPES DDD-DDD CACA	BISCUIT BISCUIT EATER BAPTIST PREACHER BACON BIT NUTCRACKER MOTHERLESS GOAT	HOCKEY PUCKEY FEATHERS PITOOTY THE TRU	HEAVEN'S SAKE THE LOVE OF PETE PETE'S SAKE CRYIN' OUT LOUD
"BOB SAGET" "PAT SAJAK" "ALEX TREBEK"			





Founders' Day Herald

90th Anniversary of Alcoholics Anonymous June 6, 7, & 8, 2025 | Akron, Ohio | Birthplace of A.A.

FRIDAY ACTIVITIES

A.A. 12 Step Panel • 10:00 a.m. - 10:00 p.m. Discussion of One Step Per Hour Chaired by: Juanita W.

A.A. Early Bird Meeting* • 3:00 p.m. Stacle N. – Akron, OH "Could Not And Would Not" Chaired by: Greg E.

Actors Guild Play • 5:00 p.m. & 7:30 p.m.

A.A. Speaker Meeting* • 7:00 p.m. Megan G. – Broken Arrow, OK "Bank Robbers Recover Too" Chared by: Jeanne R.

Serenity Singers • 8:00 p.m. - 9:00 p.m. 🛄 Olin Hall

A.A. Speaker Meeting* • 9:00 p.m. Derrick Y. – Bedford Heights, OH "Man In The Mirror" Chaired by: Woody W.

Junta en Español • 9:30 p.m. - 1:00 a.m. Orador: Psicologo Carlos Escamilla Tema: Defectos De Caracter

A.A. Alkathon • 11:00 p.m. - 1:00 a.m.

SATURDAY ACTIVITIES

Bus Tours of Historic A.A. Sites 9:00 a.m. – 4:00 p.m. 2 buses continuously – Bierce Circle

A.A. Archives Located in Akron Intergroup Office (Stop on bus tour)

The 12 Traditions • 9:00 a.m. Debbie D. – Concord, CA Chaired by: Karen K.

Grapevine Meeting • 10:00 a.m. & 3:00 p.m. Grapevine And LaVina "AA's Multimedia Message" Student Union Theater Presenter: Chris C.

Junta en Español • 11:00 a.m. - 12:00 p.m. Tailer De La Vina Shrank Hall South

A.A. Old Timers' Panel* • 11:00 a.m. Topic: "Love And Service Is The Key" John R. – Euclid, OH Katie S. – Chagrin Falls, OH Tom K. – Seven Hills, OH Chaired by: Karen K. Actors Guild Play • 12:00 p.m. & 2:30 p.m.

A.A. & Al-Anon Dual Lead* • 12:30 p.m. Speakers - Chip & Angle B. – Destin, FL "Re-Navigating Life" E.J. Thomas Hall Chaired by: Kristina H.

Junta en Español • 1:00 p.m. - 3:00 p.m. Orador: Psicologo Carlos Escamila Tema: Despertar De La Conciencia

A.A. Speaker Meeting* • 2:00 p.m. Ronald W. – Los Angeles, CA "Particularly It Was Imperative I Worked With Others As They Had Worked With Me" Chaired by: Juanita W.

The History of Our Big Book + 4:00 p.m.⁴ Presented by: Gall L – Akron, OH Chaired by: Greg E.

A.A. Speaker Meeting* • 8:00 p.m. Martin A. – Ontario, Canada *Nobody Has It All Together, But Together We Have It All * UA Infocision Stadium** Chaired by: Mary K..

*Stadium Weather Contingency Plan for Saturday Night - See Web Site

DANCE! DANCE! DANCE! 10:00 p.m. - 1:00 a.m. Saturday Night

SUNDAY ACTIVITIES

MOTORCADE TO DR. BOB'S GRAVE* 7:30 a.m. Motorcycle procession and graveside

memorial tribute to Dr. Bob & Anne S. Dolly A. – Cleveland, OH Ryan G. – Canton, OH Chaired by: Jeanne R.

A.A. Spiritual Panel Meeting • 9:00 a.m. (***) Topic: "Pitiful Incomprehensible Demoralization" Deborah B. – Elyria, OH Mike G. – Toledo, OH Kevin B. – Akron, OH Chaired by: Juanita W.

A.A. Closing Speaker Meeting* 10:30 a.m. All H. – Markham, Ontario, Canada "This Is Not An Intellectual Exercise, It's A Spiritual Endeavor" Chaired by: Tony T.

CLEAR BAGS REQUIRED SEE INSIDE FOR MORE INFORMATION

AL-ANON FRIDAY ACTIVITIES

Al-Anon Panel • 2:30 p.m. Topic: "Two Programs, One Journey" Angle B. – N. Canton, OH Jack E. – Akron, OH Jodene D. – N. Canton, OH Olin Hall Chaired by: Tracy C.

Al-Anon Speaker Meeting • 4:00 p.m. Jeanie O. – Cincinnati, OH "Are There Any Musts In Al-Anon?" Olin Hall Chaired by: Jane M.

AL-ANON

SATURDAY ACTIVITIES Al-Anon Panel • 9:30 a.m.

"Prayer And Meditation" Ginger B. – N. Canton, OH Dave A. – Akron, OH John S. – N. Canton, OH Olin Hall Chaired by: Leslie S.

Lois And Bill's Vision • 11:00 a.m. "Al-Anon's Journey" Julie C. - Stow, OH Olin Hall Chaired by: Greg G.

A.A. & Al-Anon Dual Lead" • 12:30 p.m. Speakers - Chip & Angle B. – Destin, FL "Re-Navigating Life" E.J. Thomas Hall Chaired by: Kristina H.

Alateen Panel • 3:00 p.m. 🖄 "Hope In The Fellowship Of Alateen" Olin Hall Chaired by: Lynda M.

Al-Anon Program Spoken Here 4:30 p.m. – 5:30 p.m. Olin Hall Chaired by: Irena H.

REGISTRATION

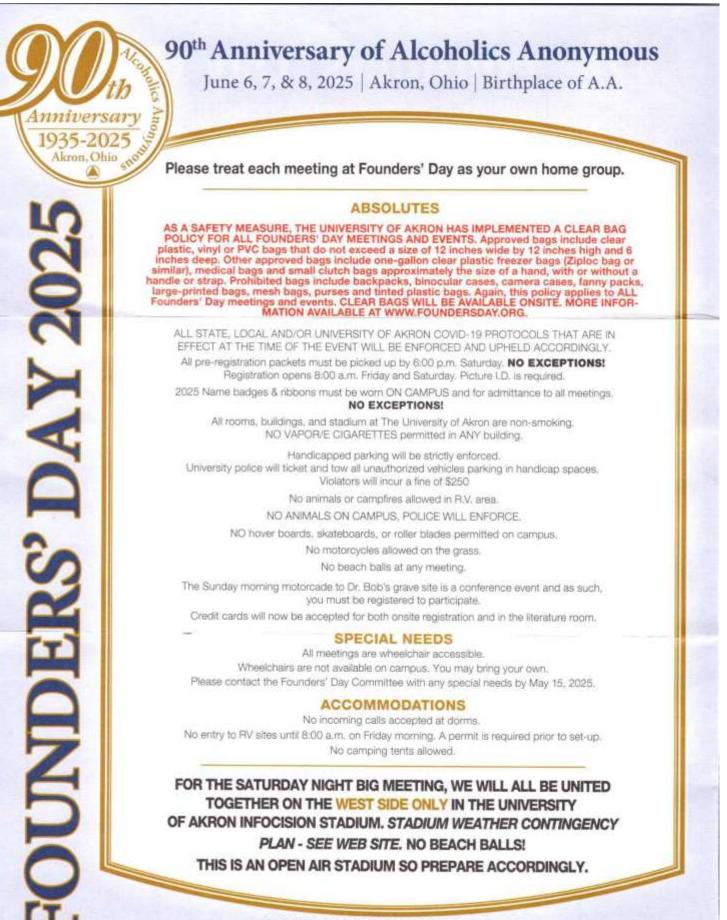
UA STUDENT UNION

CREDIT CARDS ACCEPTED!

Friday 8:00 a.m. - 10:00 p.m. Saturday 8:00 a.m. - 6:00 p.m.

- Registrations must be picked up by 6:00 p.m. Saturday - NO EXCEPTIONS!
- Package Plans must be picked up at designated domitories. Check confirmation letter or e-mail.
- Coffee & Fellowship Room Student Union A.A. Literature Sales
- Friday 8:00 a.m. 8:00 p.m. Saturday 8:00 a.m. - 5:00 p.m. CREDIT CARDS ACCEPTED!
- * A.S.L. INTERPRETER

FOUNDERS' DAY IS A SERVICE OF THE AKRON AREA INTERGROUP COUNCIL OF A.A. Name badges & ribbons <u>must</u> be worn for admittance to all meetings — NO EXCEPTIONS!



NO REFUNDS FOR BASIC REGISTRATION. \$35.00 FEE FOR ALL PACKAGE PLAN CANCELLATIONS!







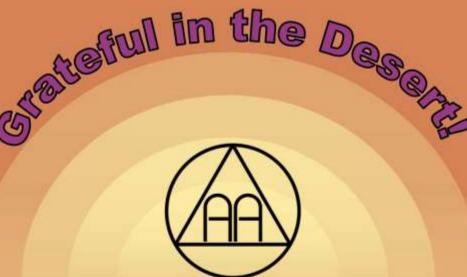
Volunteer to be a temporary Contact and when a contact request is received, our committee will contact you if you meet the

criterion for that specific request. Bridges are matched by Age, sex and

location. if you are a match, we contact you and provide you with the information we have on file. i.e. phone # and Email and you (the AA member) will take it from there.

A Temporary contact is Committing to:

- Attend approx. 6 meetings of various types. introduce the newcomer to people and getting phone #s.
- you dont have to give them rides if you dont want to.
- Explain what AA is and is not
- Do not provide any monetary assistance.
- Emphasize importance of Steps, Sponsorship, & Literature especially Big Book.
- Do not provide any legal or medical reports or advice.
- Explain importance of a homegroup and our singleness of purpose. (P-16)
- Meeting etiquette
- Differences between the fellowship and the program, between a meeting and a group and Open & Closed meetings.
- Do not tolerate any mistreatment. Remember Universal respect is the key to our usefulness.



41st Annual Gratitude Dinner!

Earl H. Vista, CA

Fellowship ~ Raffles ~ Live Music





November 2, 2025 5 PM - 8:30 PM Palm Springs Air Museum 745 N. Gene Autry Trail, P.S., CA 92262 Online Ticket Sales: <u>www.aainthedesert.org</u> A fundraiser hosted by your AA Central Office Intergroup Committee



Language of the Heart Lenguaje del corazón Le langage du cœur



CONVENTION

HIGHLIGHTS INCLUDE...

Thursday night block party Flag Ceremony Stadium meetings Old Timers Meeting

Old Timers Meeting E...including 250+ meetings,

British Columbia, Canada July 3-6

Join your friends in Vancouver,

A.A. INTERNATIONAL

AND MORE...including 250+ meetings, hospitality suites, and a full slate of panels and workshops

REGISTER NOW

HOUSING IS Still Available!

LEARN MORE

aa.org/international-convention 🔘

2025ic@aa.org 🕥



Alcoholics Anonymous®

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A Consideration of Reverenced for those Gone Before Us

Our founders are dead, Old-timers I thought would live forever have slipped out of the rooms and are gone on to a bigger, brighter room where Bill arid Bob and countless others have taken up residency and set up the meeting place. The coffee pot perks endlessly, effortlessly. Warm hands reach out to clasp in fellowship, each new arrival. Donuts, perpetually oven fresh, are over there. Each person has brought their Big Book, miraculously as they knew it here on Earth - tear stained, coffee cup circles on the cover, dog eared, underlined notes and fragments tucked between pages still intact. They murmur about the alcoholics they left behind. Did they teach us well, those still in distant rooms? Did they teach us enough of the Traditions and Principals of Alcoholics Anonymous, and the value of Permanence? I know their final words were not to start changing AA the minute they were out of sight, out of mind.

I believe we were given a mandate by every Old-timer who touched our lives and taught us what they knew about living sober. That we were to go forward into the tide of alcoholism and carry the message to the still suffering alcoholic, the message of how we have recovered from a seemingly hopeless state of mind and body, by God's grace and the 12 steps of Alcoholics Anonymous.

This letter is sent anonymously, but you will know my voice. I have sat next to you at meetings, been on my knees with you doing the 3rd step prayer, heard your fourth step, and listened to your triumphs and sorrows. I have given you a ride to a meeting, and bought you a meal, loaned you a dollar for the basket, answered the phone at 2am when you were scared. I've done these things because that's what we do, what was done selflessly for me.

Our founders are dead. Their works and deeds live in permanence. Not carved in stone, but in the hearts and minds of each one of us who hold Alcoholics Anonymous sacred. Change is what is put into the collection. The permanence of Alcoholics Anonymous is what sustains me.

The only time I get depressed is when I'm thinking about myself!

This is not a self-help program, this is a help OTHERS program.

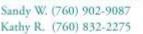


A.A. DESERT ROUNDUP WITH AL-ANON PARTICIPATION **RENAISSANCE ESMERALDA RESORT & SPA**

JUNE 5, 6, 7, 8, 2025 INDIAN WELLS, CALIFORNIA

ONLINE REGISTRATION OPEN January 2nd through May 30th TO REGISTER GO TO: www.desertroundup.com A \$4 convenience fee is charged for all credit card purchases.

GENERAL INFORMATION





Kathy R. (760) 832-2275

TENTATIVE SCHEDULE OF EVENTS

Registration Badges Required at all Meetings.

	0	0 1 0
Thursday		
		A.A. Speaker Meeting
		Ice Cream Social
	9:30 pm	Sing-along/Karaoke
Friday	7:00 ant	
Friday	7:00 am	A.A. Participation Meeting
8:	00 am - 8:00 pm	Registration/Badge Pickup
	9:00 an	A. Topic/Discussion Meeting
		Al-Anon Topic/Discussion Meeting
	12:30 pm	A.A. Topic/Discussion Meeting
	12:30 pm	Al-Anon Topic/Discussion Meeting
	1:45 pm	Al-Anon Topic/Discussion Meeting
	2:00 pm	A.A. History Meeting
		A.A. Longtimers Meeting
		A.A. Young People's Meeting
		A.A.Opening Meeting
		Ice Cream Social
		DJ Dance
Saturday	6:30 am	
		A.A. Participation Meeting
8:		Registration/Badge Pickup
		A.A. Topic/Speaker Meeting
		Al-Anon Topic/Discussion Meeting
		Al-Anon Topic/Discussion Meeting
		A.A. Mens Stag
		A.A. Womens Stag
	11:45 am	Al-Anon Luncheon/Meeting
		A.A./Al-Anon Family Meeting
		Al-Anon Topic/Discussion Meeting
		A. Banquet/Meeting
		(approx) Video Broadcast - Speaker
	8:45 pm	A.A. Topic/Discussion Meeting
Sunday		DJ Dance
and the second se	7.00	A.A. Participation Meeting
	/:00 am	
	8:15 am	Breakfast



44-400 Indian Wells Lane, Indian Wells, CA 92210 Hotel direct line: (760) 773-4444

Important Convention/Hotel Policies:

- 1. Register for convention prior to making hotel reservations. Special rate is only available to Roundup attendees beginning 3 days prior to and 3 days after event (June 2nd-11th, 2025).
- 2. Room cancellations must be made with the hotel 3 days prior to arrival date without penalty; else 1 night plus tax will be charged.
- 3. All attendees must be registered and wear badges to all ticketed events (excluding dances).
- 4. Tickets are sold on a first come, first served basis. For best seating, purchase tickets early. Some events will sell out.
- 5. If you wish to sit as a group, please send in registration forms with payment together. If registering online, we request one person purchase the table(s).
- 6. Tickets are not mailed, please pick them up at Pre-registration table when you arrive. Receipts will be emailed, if a legible email is provided.
- 7. Tickets will be sold at onsite registration until closed or sold-out. Only Ice Cream Socials and Dance tickets will be sold at the door.
- 8. No refunds on canceled events after May 23rd; tickets are
- transferable or may be donated to a newcomer.
- 9. Registration fees are non-refundable, non-transferable.

SERVICE ANIMALS are welcome. Personal pets whose function is to provide comfort or emotional support DO NOT qualify as service animals under the Americans with Disability Act.

THANK YOU for understanding.



ONLINE REGISTRATION OPEN January 2nd through May 30th TO REGISTER GO TO: www.desertroundup.com A \$4 convenience fee is charged for all credit card purchases



CONVENTION REGISTRATION

	HIST	LAST
Address		
City, State & 7	Zip	
Telephone ()	
Email		
Name Tag to H	Read	
AA 🗅	Al-Anon 🔾	Guest 🖬

Address	1353	LAAT
City, State &	Zip	
Telephone ()	
Email		
Name Tag to I	Read	
Group or City	(
AA 🗅	Al-Anon 🗖	Guest 🗖

	QTY	AMT	TOTAL
Registration		@\$ 25.00_	_
Fri. Night Dance		@\$ 5.00_	
Sat. Al-Anon Luncheon	-	@\$ 35.00_	-
Tables of 10	1	@ \$350.00	
Vegetarian Meals	_	-	
Sat. Night Banquet Meeting		@\$ 55.00_	
Tables of 10		@ \$550.00	_
Vegetarian Meals	-		
Sar, Night Dance		@\$ 5.00_	
Sun. Breakfast/Meeting	8	@\$ 30.00_	
Tables of 10		@ \$300.00_	
Friday Golf Tournament		@ \$110.00_	
2 Mile Fun Run/Walk		@\$ 20.00_	
Ice Cream Social		@\$ 5.00_	
то	TAL F	NCLOSED	
		Check No.	

Cash

SPORTING EVENTS

GOLF TOURNAMENT (Pre-Registration Required)	*DEADLINE: MAY 30t NO ON-SITE SIGN-UI
Tournament - Friday at 7:00 an	
Golf Course - Indian Wells Gol	f Resort - Celebrity Course
Sign Waiver at Check-in Table :	it Golf Course
Name	LAST
Email	44131
Telephone ()	
Handicap Required	
Paired With	
Fees:	
1 Day: \$110, Tournament Only	y, Friday (incl. cart)
2 MILE FUN RUN/WALK (Pre-Registration Required) Saturday at 6:30 am Pick up T- shirt and sign waiver	at the Hostess/Volunteer Ta
(Pre-Registration Required) Saturday at 6:30 am	at the Hostess/Volunteer Tal
(Pre-Registration Required) Saturday at 6:30 am Pick up T- shirt and sign waiver Name Telephone ()	
(Pre-Registration Required) Saturday at 6:30 am Pick up T- shirt and sign waiver Name Telephone () Fee: \$20 / includes	LAST
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(Pre-Registration Required) Saturday at 6:30 am Pick up T- shitt and sign waiver Name	LAST
(Pre-Registration Required) Saturday at 6:30 am Pick up T- shirt and sign waiver Name	LIST L L XL XXL L XL XXL n one person, please arate enclosure. D. (562) 209-0113 NTEER ty/Registration Ticket Sales
(Pre-Registration Required) Saturday at 6:30 am Pick up T- shitt and sign waiver Name	LAST

If not mailed before May 24th, plan to register at convention.

No refunds on canceled events after May 23rd

SERVICE ANIMALS are welcome. Personal pets whose function is to provide comfort or emotional support DO NOT qualify as service animals under the Americans with Disability Act.

THANK YOU for understanding.

Motives are the Seeds of Action

I Think Before I Do

By Rick R.

In my early days of sobriety my wife came home from an Alanon meeting all excited about what they had talked about. Apparently, they were discussing their Fourth Step inventories and she explained that when taking step six, it was important that she examine her motives, before making decisions. How interesting and profound that statement was, at the time, and it has come up many, many times since that initial conversation. Since almost everything we do, begins with what we think, that statement has been a big part of what I believe our goals are supposed to be when we are in the process of cleaning up the wreckage of the past. It also implies that we should examine our motives, for what we do, from this day forward, and be sure that they conform to the spirit of the principles that are suggested in the A.A. program. This kind of thinking was foreign to me before John Barleycorn got his grip, but when the alcohol took its toll and I was circling the drain, I was forced to decide what I was going to do with the rest of my life. It became very important to learn and understand what the causes of my failures *were*, in the past, and what I could do to correct them. Like most of us, we have measured our successes and failures based on things we have accomplished, by the things we owned, and where we lived. It made little difference how we acquired those things. How different my thinking is today, compared to how it was back then. I no longer base my success on material possessions. As the old country song says, "one rich man in ten with a satisfied mind." This, to me, does not mean that we must take a vow of poverty. To me, this means that if I am honest with myself and that my motives are pure and unselfish, I can be content at any economic level. My *motives* make it so.

I was doing a little research to find the definition of the word *happiness* and discovered that it is often described as "*a byproduct of right living and not an end in itself*" Happiness is not a goal, but it is the result of *living right*. A friend once shared at a meeting that, *satisfying his wants will never make a person happy*. Another person shared that she had read something that described it like this: "*happiness is like a butterfly, the more you chase it, the farther away it gets, but when you stand still, it will land on your shoulder*". If my motive is to create happiness, it's probably not going to happen. These subtle little gems of wisdom are revealed to me daily and they slowly become a part of my mental make-up.

Examining my motives has made me look deeper at many of the subtle little differences in the words we use and their causes and effects and, for my purposes, I find that my defects of character, *cause* my shortcomings, and when I understand my defect, my shortcoming (faulty behavior) can be corrected. When I understand the problem, the troubles can be corrected. These ideas may be hard to grasp in the beginning but if I hadn't started looking deeper into my motives, I may never have resolved the deeper issues. These days, Unselfish Motives are the seeds that all my thoughts and actions stem from, and that is as simple as it gets.

Memories of Alcohol

I drank for happiness and became unhappy. I drank for joy and became miserable. I drank for sociability and became argumentative. I drank for sophistical and became obnoxious. I drank for friendship and made enemies, I drank for sleep and woke up tired. I drank for strength and fett weak. I drank for relaxation and got the shakes. I drank for relaxation and got the shakes. I drank for courage and became afraid. I drank for confidence and became doubtful. I drank to make conversation easier and I slurred my speech. I drank to feel heavenly and ended up feeling like hell.

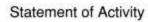




"I had a layover in Omaha ... which led to a hangover in Des Moines."



Central Intergroup of the Desert





	TOTAL	
	MAR 2025	JUL 2024 - MAR 2025 (YTD)
Revenue		
Contributions - Conventions	1,019	6,019
Contributions - Groups & Individuals	3,210	57,565
Gratitude Dinner		1,184
Interest Income	0	925
Sales	9,727	91,056
Total Revenue	\$13,957	\$156,750
Cost of Goods Sold		
Cost of Goods Sold	6,612	60,882
POS Inventory Adjustment	(105)	1,097
Total Cost of Goods Sold	\$6,507	\$61,979
GROSS PROFIT	\$7,450	\$94,770
Expenditures		
Accounting Services	1,000	8,500
Bank Charges		15
Computer Expense	723	5,038
Credit Card Fees	371	3,697
Insurance - Health	644	5,425
Insurance - Liability	658	2,243
Insurance - Worker's Comp		1,080
Newsletter Expense	142	1,815
Office Expense	1,325	13,529
Payroll Expenses	4,964	50,429
Plant Expenditures		1,902
Rent	1,701	13,871
State Filing Fees		75
Storage	269	2,152
Utilities	435	5,325
Total Expenditures	\$12,232	\$115,098
NET OPERATING REVENUE	\$ (4,782)	\$ (20,328)
NET REVENUE	\$ (4,782)	\$ (20,328)



Central Intergroup of the Desert

Budget vs. Actuals: Budget 2024-2025 July 2024 - March 2025

	TOTAL		
	ACTUAL	BUDGET	OVER BUDGET
Revenue			
Contributions - Conventions	6,019	9,000	(2,981)
Contributions - Groups & Individuals	57,565	61,500	(3,935)
Gratitude Dinner	1,184	8,000	(6,816)
Interest Income	925	56	869
Sales	91,056	83,490	7,566
Total Revenue	\$156,750	\$162,046	\$ (5,296)
Cost of Goods Sold			
Cost of Goods Sold	60,882	41,745	19,137
POS Inventory Adjustment	1,097		1,097
Total Cost of Goods Sold	\$61,979	\$41,745	\$20,234
GROSS PROFIT	\$94,770	\$120,301	\$ (25,531)
Expenditures			
Accounting Services	8,500	8,000	500
Bank Charges	15		15
Computer Expense	5,038	4,685	353
Credit Card Fees	3,697	2,255	1,442
Insurance - Health	5,425	5,506	(81)
Insurance - Liability	2,243	1,952	291
Insurance - Worker's Comp	1,080	1,079	1
Newsletter Expense	1,815	5,400	(3,585)
Office Expense	13,529	13,400	129
Outreach		900	(900)
Payroll Expenses	50,429	47,429	3,000
Plant Expenditures	1,902	1,137	765
Rent	13,871	14,949	(1,078)
State Filing Fees	75		75
Storage	2,152	2,628	(476)
Utilities	5,325	5,360	(35)
Total Expenditures	\$115,098	\$114,680	\$418
NET OPERATING REVENUE	\$ (20,328)	\$5,621	\$ (25,949)
NET REVENUE	\$ (20,328)	\$5,621	\$ (25,949)

Central Intergroup of the Desert

Contributions - Groups & Individuals

March 2025

		TOTAL
	MAR 2025	JUL 2024 - MAR 2025 (YTD)
12&12 Men's Stag Monday Night		866.00
164 Group - WED - Palm Springs		103.65
3 7 11 Meeting - THU - Twentynine Palms		116.56
3rd & 11th Step - SUN Palm Desert		170.42
3rd 7th 11th Step Meeting		405.09
5th Tradition 7AM Attitude Adjustment Group #100		4,369.89
5th Tradition Dinner Meet Desert Hot Springs		100.00
630 AM PDCC Zoom	140.00	1,819.53
6AM Daily Reprieve - K I S F Desert Hot Springs		150.00
7PM Mens Online Thousand Palms		50.00
Aging Gracefully in Sobriety		61.51
Alano Club Palm Springs	100.00	900.00
Anonymous No Group Given	112.00	4,719.52
As Bill Sees It -10AM-M Fellowship Hall P.D.		150.00
As Bill Sees it Sunny Dunes 830AM		376.83
As She Sees It La Quinta	238.00	660.00
Attitude Adjustment-M-S , Palm Desert PDCC		1,209.99
Big Book Study Wed nite J.T.		120.50
Birthday Contributions	43.00	390.00
Black Sheep Group		300.00
Came to Believe Fri. F.H. P.D. Women's		142.50
CDM Men's Stag-TUE		400.00
Central Intergroup Cathedral City	34.00	158.00
Central Office Fundraising Event Gratitude Dinner		260.00
Covert Men's Stag		100.00
Daily Reflections 10AM Women's Zoom		114.00
Daily Reflections SUN La Quinta Library		223.00
Daily Reprieve-Daily Palm Desert	461.28	2,918.86
Desert Cities AA Group		951.00
Design for Living 101 Group		919.22
Dolls of Valley Palm Desert		396.79
Double Winners	52.00	379.40
Female Friends Yucca Valley		80.00
First Things First		278.59
Friday 12&12 Step Study		101.55
Friday Noon La Quinta Library		528.00
Great Events Yucca Valley	120.00	540.00
Groovy Group		252.00
Group '48-MON- Palm Springs		100.92
Gut Level Participation Yucca Valley		42.50
Happy Hour Book Study Palm Desert		172.00
Happy Hour Group Sunny Dunes		2,237.00
Heritage Palms Wed Nite Women		454.20

Central Intergroup of the Desert

Contributions - Groups & Individuals

March 2025

	TOTAL	
	MAR 2025	JUL 2024 - MAR 2025 (YTD)
Hi Desert Speakers Group 100783 Kelly Ames		515.00
How It Works Palm Desert		120.00
HOP Overflow Wed. Men's Stag		150.00
Jaywalkers	64.23	154.23
JTBP Zoom Thurs Night		54.76
Just the Black Print		1,693.50
La Quinta Library Mon. Big Book Study		830.40
La Quinta Library Wed 12 & 12	301.00	655.00
Last Call Group 104		477.58
Living Sober Book Study 486898 Palm Desert		171.00
Living Sober Group-Joshua Tree		30.00
Living Sober Women Sat. La Quinta	37.00	37.00
Men's Marauders		841.50
Men's Stag Book Study		181.00
Mid Day Group 00419671		2,326.10
Mon. Women's Meeting Yucca Valley		30.00
New Freedom Palm Desert		71.00
No Matter What Women's Group		138.36
No Rules La Quinta	415.00	1,850.00
P.S. Experience 497916 Strength & Hope		54.90
Palm Desert 7 AM Attitude Adj.	193.00	1,242.00
Palm Desert, Step/Tradition Study		523.55
Palm Springs Attitude Adjustment Group Group	50.00	450.00
Playing With A Full Deck Palm Desert		327.16
Primary Purpose Blythe		500.00
Promises		24.00
Recovery after Relapse		200.00
Road Runners		400.00
Round Table Serenity Group		121.00
Rule 62 THU Noon100774		568.50
Saturday 12 & 12		87.00
Saturday Night Special		150.10
Serenity Group		185.00
Serenity Seekers Palm Desert		480.00
Serenity Sisters - Sunny Dunes		557.49
Shipwreck Men's Meeting		717.00
Singleness of Purpose		700.00
Sisters Under the Skin Palm Springs		100.00
Smoking Jackelope Men Stag		100.00
Sober Divas	75.00	634.00
Sobriety Sisters Palm Desert	75.66	58.00
Solid Solutions 74457- TUE		78.00
Spiritual Awakening in A.A.		170.50

Central Intergroup of the Desert

Contributions - Groups & Individuals

March 2025

	TOTAL	
	MAR 2025	JUL 2024 - MAR 2025 (YTD)
Spirituality In Recovery		385.00
Spritual Meeting Yucca Valley		30.00
St. Paul's Tuesday Night Men's Stag		500.00
Stay Connected 9am (Zoom)	84.00	1,293.20
Step Sisters Palm Desert	231.50	1,852.96
Stepping Stones		280.38
Sun City Ole Time Big Book Study		297.00
Sunday in the Park		487.96
Sunday Serenity Group	150.00	1,202.00
Sunny Dunes 7am Attitude Adjustment Online Group		434.25
Sunrise Celebrators Palm Desert	85.26	738.59
TGIF Group 611390 Yucca Valley		55.00
The First 164 Pages		831.13
The Promises	24.00	224.00
There is a Solution	200.00	400.00
Thurs Nite 10th Step Group - 6949		68.63
Thursday Niters Group		180.00
Tuesday Night Men's Stag Book Study		325.00
Twilight Step Study		252.89
Vets for Vets Palm Desert		50.00
Winners Meeting Palm Springs		133.38
TOTAL	\$3,210.27	\$57,565.02



"I hate that smug look you get when you're going to a closed meeting?"

A new definition for 13th stepping

Steps 1 + 12, "My life is unmanageable and I want to share it with you!"

lest problems of money, *puberty,* and prestige divert us from our primary purpose.

and the result was nil until we let go of the *Absolut*.

From Shipwreck to Shore 42nd Annual Southern California Hospitals & Institutions Conference



May 16, 17 & 18, 2025 Four Points by Sheraton Ventura Harbor Resort Banquet - Comedy Show and Magician

With Alanon Participation - Lunch & Speakers Register at: <u>socalhandi.com</u> \$30 by May 4, \$35 day of ROOMS \$176 KING, \$186 2 QUEENS SPECIAL RATE GOOD TILL APRIL 18 <u>MARRIOTT.COM</u> (888) 236-2427 GROUP CODE: HAI PROPERTY CODE: OXRFP Questions call: Lance (818) 419-2244 John (714) 858-8194